
Charles Darwin University

Estimating economic losses from perceived heat stress in urban Malaysia

Zander, Kerstin K.; Mathew, Supriya

Published in:
Ecological Economics

DOI:
[10.1016/j.ecolecon.2019.01.023](https://doi.org/10.1016/j.ecolecon.2019.01.023)

Published: 01/05/2019

Document Version
Peer reviewed version

[Link to publication](#)

Citation for published version (APA):
Zander, K. K., & Mathew, S. (2019). Estimating economic losses from perceived heat stress in urban Malaysia. *Ecological Economics*, 159, 84-90. <https://doi.org/10.1016/j.ecolecon.2019.01.023>

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

1 **Estimating economic losses from perceived heat stress in urban Malaysia**

2

3 Kerstin K. Zander^{a),b)*}, Supriya Mathew^{a),c)}

4

5 Authors' affiliations:

6 a) Northern Institute, Charles Darwin University, Darwin, Australia.

7 b) German Development Institute, Bonn, Germany

8 c) Flinders University, Alice Springs, Australia

9

10 *Corresponding author: Kerstin Zander, Northern Institute, Charles Darwin University, Ellengowan
11 Drive, Darwin, NT 0909, Australia, Phone: +61 8 8946 7368, E-mail: kerstin.zander@cdu.edu.au

12

13 **Abstract**

14 Increases in temperatures and heat waves linked to climate change lead to people feeling
15 increasingly heat stressed compromising their health and reducing economic activity. In this paper
16 we assess the potential economic impact of increasing temperatures and heat waves on working
17 people in urban Malaysia by analysing the loss in productivity that they associate with heat stress.
18 We found that nearly every respondent (99%) from a sample of 514 drawn from an online survey
19 sometimes feels heat stressed and less productive as a result (98%). The median number of days in a
20 year on which people felt their productivity had been compromised because of heat stress was 29.
21 On those days half of the respondents felt their work capacity had been at least halved. The
22 estimated median annual economic loss from reduced productivity was 257 €, or nearly 10% of
23 respondents' median annual income. Respondents who work in mentally challenging jobs are more
24 affected by heat than those in physically intense jobs. They also receive the highest incomes, so
25 suffer the highest losses. Our research suggests that the real economic costs of heat has probably
26 been under-estimated because most research has so far focused only on people working in
27 physically intense outdoor jobs or those performed in very hot environments.

28

29 **Key words:** climate change; heat waves, labor productivity loss, South-east Asia, urbanization

30

31 **Highlights:**

- 32 • We conducted an online survey with 514 people across urban Malaysia
- 33 • Almost every respondent reported to feel heat stress where they live
- 34 • When feeling hot many respondents only work at half of their capacity
- 35 • The median annual productivity loss from heat stress is 257 € per person

36

37 **Introduction**

38 Climate change has profound effects on the economy although few studies have estimated the
39 economic costs (Stern et al. 2013; Burke et al. 2015a). There is a 95% chance that global
40 temperatures will increase by more than 2 degrees by 2100 (Raftery et al. 2017). To date, around
41 30% of the world' population already live in areas in which the daily mean surface air temperature
42 and relative humidity exceeds deadly thresholds for at least 20 days a year (Mora et al. 2017).
43 Extreme heat events such as heat waves and droughts are also predicted to rise in frequency and
44 severity (Perkins et al. 2012).

45 Of all extreme weather events, extreme temperatures and heat waves have some of the most
46 severe impacts on people (Coates et al. 2014; Mora et al. 2017). Heat effects on health range from
47 severe heat stroke to general decline in well-being with light symptoms such as headache and
48 fatigue (Hajat et al. 2010). Exposure to extreme heat has been linked to increased risks of
49 respiratory diseases, cardiovascular diseases, renal problems, mental and behavioural disorders and
50 poor perinatal outcomes (Tawatsupa et al. 2012; Borg et al. 2017; Padhy et al. 2015; Mathew et al.
51 2017).

52 One of the economic impacts of heat includes the costs from reduced labour productivity. It
53 is suggested that productivity loss from heat stress may increase by 11 to 27% by 2080 in hot
54 regions such as Asia and the Caribbean (Kjellstrom et al. 2009a), and globally by up to 20% by
55 2050 (Dunne et al. 2013). Zander et al. (2015) estimated the costs of heat related productivity loss at
56 USD 6.2 billion over one year for the Australian economy. In South-east Asia, 15-20% of annual
57 work hours are lost in heat-exposed jobs, and the loss is projected to double by 2050 as climate
58 changes (Kjellstrom 2016). These costs have to be borne by the whole economy, employees and
59 employers alike. Employees, and also those working not for profit or doing other activities that
60 contribute to the economy, have to self-pace their actions and also take breaks (for resting, cooling
61 and drinking) when heat stressed which in turn reduces their effective work time. This constitutes a

62 cost to the employer if there is no compensation for time lost and work not done. Employees bear
63 the costs if they have to work longer hours to redress productivity losses. Labour productivity and
64 economic losses can also occur from higher work accident frequency because of concentration
65 lapses, higher levels of fatigue and poor decision-making because time perceptions change from
66 being heat stressed (Tawatsupa et al. 2013; Tamm et al. 2014). Other socio-economic impacts of
67 heat include increase in crime and violence (Burke et al. 2015b) and increased migration
68 (Kjellstrom et al. 2017).

69 Workplace heat stress and labour productivity loss was first discussed in the context of
70 increasing heat exposure from climate change by Kjellstrom and colleagues (Kjellstrom et al.
71 2009b&c). To date it is still mainly limited to the application of physical models of heat exposure.
72 These studies calculate thresholds for wet bulb global temperature (WBGT) for different activity
73 levels beyond which people are assumed to be unable to cope. Only a few studies have used
74 perceived impacts of heat to explore productivity loss (Zander et al. 2015, 2018; Schuster et al.
75 2017).

76 Furthermore, while most research on heat stress focuses on labour intense and/or outside
77 activities (e.g. agriculture, military, mining, sports), a large proportion of the population engages in
78 activities and employment which are usually concentrated indoors. Indoor climate conditions are
79 strongly influenced by outdoor meteorological conditions and therefore also by climate change
80 (Hooyberghs et al. 2017). In addition, heat stress not only influences the physiological body
81 functions, but can also have negative impacts on mental/emotional state (Tawatsupa et al. 2012;
82 López-Sánchez et al. 2017). To understand how society adapts to heat also requires an
83 understanding about how individuals personally perceive heat, including underlying facets of
84 acclimatisation and personal coping capacity (Waters and Adger 2017). These subtle factors are not
85 well understood because commonly used measures of heat are based on temperature thresholds and
86 the physical ability of the human body to withstand heat.

87 Research to date on the impacts of climate change in developing and emerging countries has
88 largely focused on farming communities, where both humans and production systems are affected
89 (e.g. crop yield; Knox et al. 2012; Teixeira et al. 2013), and those heavily dependent on natural
90 resources (Hebbert and Jankovic 2013; Dhar and Khirfan 2017). Globally, however, people in urban
91 areas are predicted to be twice as affected by heat than people in non-urban areas (Wouters et al.
92 2017), partly because of the urban heat island (UHI) effect, with those in the rapidly growing cities
93 of South Asia and Africa being particularly vulnerable (Matthews et al. 2017).

94 Against this background, the aims of this study were to 1) assess the perception of heat
95 stress and 2) the associated perceived labour productivity losses among the urban population of
96 Malaysia where average temperatures are projected to increase by between 1.7 and 4.2 °C by 2100
97 (Loh et al 2016). Malaysia is already one of the most urbanized countries in East Asia (World Bank
98 2015), with more than half its population (53%) already living in urban areas, and the proportion is
99 increasing rapidly. Based solely on physiological thresholds to heat exposure (using WBGT),
100 Malaysia could face a loss of 5.9% of its GDP by 2030 from heat related productivity loss
101 (Kjellstrom 2016).

102 Our results, obtained from a nation-wide online survey targeting adults in urban areas, can
103 be used to reduce this impact by improving understanding of the capacity of the urban population to
104 cope with heat in Malaysia and identifying opportunities for effective adaptation.

105 **Data and methods**

106 *Data collection*

107 We used Microworkers to collect the data. MicroWorkers is an online crowdsourcing platform
108 which offers access to a large number of internationally widespread users (see, e.g. Chandler et al.
109 2013 for a discussion). Users can register for free and we only sampled adult users from Malaysia.
110 We started a “Hired Group” campaign and send out letters of invitations to users from Malaysia.
111 The invitation letter contained a brief description of the topic, the names and organisation of the

112 researchers and a link to an external online survey (designed in Qualtrics). We offered USD 1 for
113 the completion of the survey which respondents received from MicroWorkers when providing a
114 code which was revealed upon completion of the survey. On average, respondents took 19 minutes
115 to complete the survey. Ethics approval was obtained from the Charles Darwin University Human
116 Research Ethics Committee (H17033).

117 The campaign was open for eight months, between 22 May 2017 and 21 January 2018.
118 During this period, we constantly updated the group to which the invitation was sent to, i.e. new
119 users from Malaysia. We aimed for 500 valid responses. Of the 552 received during the survey
120 period, 38 could not be used because they were largely incomplete, so our final sample size was
121 514. The reason the campaign was open for eight months was two-fold: first, we wanted to cover a
122 wider range of temperatures during the survey and avoid a narrow time horizon during which
123 extreme heat might have occurred and potentially biased the responses; second data collection was
124 slow with an average of 64 responses per month.

125 *Questionnaire*

126 The questionnaire consisted of four parts, questions on: 1) heat stress perceptions, 2) daily activities
127 and employment, 3) climate change beliefs and attitudes towards a range of environmental and
128 social statements (the analysis of those was not the scope of this paper), and 4) socio-demographic
129 background (age, gender, education, income, household situation, place of residence, health). The
130 core questions to elicit respondents' perceptions about their heat stress and productivity loss are
131 summarized in Table 1.

132 Following the approach of Zander et al. (2015), the question on perceived heat stress was
133 posed as follows: "*Do you ever feel stressed by heat in what you are doing?*" Respondents could
134 tick one of the following responses:

- 135 i. No never
- 136 ii. Yes, but rarely
- 137 iii. Yes, sometimes

138 iv. Yes, often

139 v. Yes, very often

140 The question measuring the perceived degree of labour productivity loss was asked on a
141 percentage scale, from 1 to 100%, as follows: “*On average, how much less productive are you on a*
142 *hot day, in percentage of your usual productivity from 1% (not much less productive) to 100% (a*
143 *lot less productive)?*”. This question was only presented to respondents who said that they had at
144 least been rarely stressed and was not presented to those who had never perceived themselves as
145 having been stressed by heat.

146 The question to reveal the frequencies of feeling less productivity was asked as follows: “*On*
147 *how many days in the last 12 months did you feel less productive because of heat stress?*”.

148 Both, physical and mental exertion were asked as follows: “*On a scale from 1 to 10, how*
149 *physically / mentally demanding is your job?*” which, for further analysis, was transformed into
150 three categories: “Light” (1-3), “Medium” (4-7) and “High” (8-10). This question also contained a
151 note saying: “If not in a job, please state the physical and mental exertion of your usual day-to-day
152 activities.” to accommodate the few respondents without income-generating jobs (e.g. students or
153 carers).

154 [Table 1 here]

155 **Analysis**

156 Individual economic losses from heat stress related productivity losses were calculated as follows:

157
158
$$\text{Economic loss} = \text{affected days} * \frac{\text{income}}{\text{day}} * \text{degree of productivity loss} \quad (\text{Eq. 1})$$

159

160 Where economic loss is the loss in Malaysian Rupees per year (for the readers transformed
161 into €), the income is the annual income stated by respondents, calculated per working day, the
162 affected days are the number of days per year respondents feel less productive because of heat and
163 the degree of productivity loss is measured by the extent to which respondents perceive their

164 productivity to have been reduced by heat (from 0% if not at all less productive to 100% if no work
165 can be done at all because of heat stress).

166 We used non-parametric Kruskal-Wallis (KW) rank sum tests or χ^2 tests to gauge
167 differences in heat stress levels and in economic loss across different factors. If necessary, we
168 applied post-hoc tests. To test the strength of relationship between two continuous variables, we
169 used Pearson's correlation tests. All analysis was carried out using R (R Core Team 2013).

170 **Results and Discussion**

171 *Sample characteristics*

172 Of the 514 respondents, exactly 50% (257) were female and the average age was 28 (SD: 8) with a
173 range from 18 to 65 and a median of 25. The age of the sample corresponds well with the national
174 median age of 28.5 years (2017 estimate; Index Mundi 2018). About half (53%) of the respondents
175 reported good health, 21% excellent health and 26% fair health. Almost half of the respondents
176 were employed full-time (48%), the others either part-time or casual (Table 2). The mean annual
177 income was 42,957 Malaysian Rupees (~ 3,875 €) with a median of 30,000 Malaysian Rupees (~
178 2,706 €). Kernel density estimations are provided for respondents' key demographics as well as
179 productivity measures in the Supplementary Materials (Figure S1).

180 *Heat stress*

181 Of all 514 respondents, only seven (1.4%) reported that they never felt heat stressed in the previous
182 12 months and only 12 (2.3%) mentioned that they never felt less productive because of heat. This
183 indicates that heat stress and its impact on productivity among the respondents was relatively high:
184 comparable studies from Thailand (Tawatsupa et al. 2013) and Australia (Zander et al. 2015) found
185 lower percentages of people feeling heat stressed (50% and 75%, respectively).

186 For further analysis we created three levels of heat stress. We grouped those respondents
187 who said that they had 'never' or 'rarely' been heat stressed into a "low" level (13%), those

188 'sometimes' or 'often' heat stressed into a "medium" (65%) and those who were 'very often' heat
189 stressed into a "high" level (22%) of heat stress category (see Methods). Older respondents were
190 more likely to have a low level of heat stress (KW=20.97, p=0.00003) than younger ones. This
191 could be because of their lower level of activity, although the degree of physical exertion itself had
192 no significant impact on heat stress ($\chi^2=5.12$, p=0.2749). We also did not detect a significant
193 relationship between age and physical exertion, so the reason for older people being less heat
194 stressed must be because of other reasons such as lower exposure to the outdoor environment, better
195 access to cooling facilities, better acclimatisation, more awareness of the potential effects of heat
196 that we could not detect in our survey. Often factors such as age, living at residential care and
197 having a higher number of co-morbidities can help protect people from heat stress (Zhang et al
198 2013). The degree of mental exertion also did not have a significant impact on heat stress ($\chi^2=5.54$,
199 p= 0.236).

200 Income (KW=2.23, p=0.3267), education ($\chi^2=2.57$, p=0.6318), and gender ($\chi^2=2.60$,
201 p=0.2728) had no significant impact on the level of perceived heat stress. In contrast to existing
202 literature that assumes outdoor workers are more exposed to high heat related risks (Xiang et al.
203 2014), we found that the time spent outside had no significant impact on the level of perceived heat
204 stress ($\chi^2= 7.35$, p=0.1184). Health, in contrast, had a strong impact on the level of heat stress
205 ($\chi^2=24.34$, p=0.00007) with those with excellent health being more likely to have reported high
206 levels of heat stress (39% versus 18% for those with low and medium levels of heat stress). On one
207 hand, this finding was surprising since we expected that people with excellent and good health
208 would have reported lower levels of heat stress since some pre-existing illness can compromise an
209 individual's ability to cope with heat (Basu 2009; Kim et al. 2014). One explanation could be that
210 those with excellent health showed higher levels of physical exertion, but there was no significant
211 relationship ($\chi^2=7.28$, p=0.1218). It could also be that people with excellent health were less aware
212 of the consequences and were more exposed to outdoor conditions for various physical activities.
213 People with fair health may have been more aware of heat effects and took precautionary measures,

214 i.e. the presence of minor illnesses or reduced fitness may have been a protective factor to heat
215 stress (Zhang et al. 2013). However, this finding could also be related to our sample which was
216 drawn from an online survey with few elderly people and none who rated their health as being very
217 poor.

218 *Estimation of economic loss from heat stress*

219 The mean number of days in the last 12 months on which people felt their productivity to have been
220 compromised because of heat stress was 48 (SD: 65) with a median of 29 (see Figure S1 in
221 Supplementary Materials for Kernel density). The mean perceived percentage productivity loss was
222 48% (SD: 22%) with a median of 50% which means that half of the respondents would only be able
223 to work at half their usual capacity or less on those days when they had felt heat stressed.

224 We estimated that, on average, respondents faced an annual economic loss of 818 €, which
225 was distorted by a high standard deviation of 1,809 €. The median was 257 € and might be a better
226 measure. This is 9.5% of the median annual income. People with a university degree (completed
227 Undergraduate or Postgraduate or pursuing degree) had a higher annual loss (Table 2), which is
228 probably related to their employment with higher degree of responsibility and income. In fact,
229 people with university degrees had significantly higher incomes than those with medium or low
230 levels of education (KW=11.31, p=0.0035).

231 Gender and health had no significant impact on the annual economic loss, nor had age ($r=-$
232 0.04 ; $t=-0.88$, $p=0.3812$). Those spending a lot of time outside during the day for employment and
233 daily activities had the highest economic loss while those spending some time (about half) had the
234 lowest loss. While it may seem surprising that those spending about half of their time outside had
235 lower losses than those spending hardly any time there, but this could be related to the types of jobs
236 that people working inside do and the higher income they receive. People who spent at least some
237 time outside more acclimatised than those spending most of the daytime indoors, who could be
238 more affected when moving in and out of air-conditioned environments (Cao et al. 2012).

239 [Table 2 here]

240 *Workload, exertion and sectors*

241 Full-time employment (as compared to part-time or casual) had no impact on the level of heat stress
242 or economic loss (KW=2.51, p=0.1132). However, while the degree of physical and mental
243 exertions had no impact on the level of heat stress, they did have on economic losses (Table 2;
244 Figure 1). The median economic loss of those with medium and high levels of physical exertion
245 were not significantly different from each other (as per post-hoc test) at 281 € and 289 €,
246 respectively, but people with low levels of physical exertion had much lower economic losses at
247 132 € (KW=6.20, p=0.0450). The effect of mental exertion was greater with significant differences
248 in economic losses across all three levels (KW=11.82, p=0.0027). Respondents with low levels of
249 mental exertion had a median economic loss of 104 €, those with medium levels of mental exertion
250 195 € and those with high levels 369 €, 80 € more than for those who reported high levels of
251 physical exertion.

252 The reason for this finding could be because people in jobs requiring high levels of mental
253 exertion had higher incomes. However, we could not detect a significant relationship between
254 income and the level of mental exertion (KW=2.28, p=0.3198). The degree of mental exertion,
255 however, was positively related to education ($\chi^2=20.67$, p=0.0004). It could also be that those in the
256 most labour-intensive jobs, who may also be less well educated and have less wealth (not just
257 income, which we had asked about in the survey), cannot afford to be less productive. They may
258 depend on wages derived from insecure and poorly paid employment to feed their families and,
259 although they would have liked to rest and slow down because of heat stress, they could not afford
260 to, and hence reach their physical or mental limit. They might also have adjusted their working
261 hours to early mornings and evenings in order to avoid the hottest times of day. If these people
262 perceived that their productivity had declined, they would also be likely to compensate for it by
263 working longer hours or harder in cooler times, particularly if they are self-employed, as compared
264 to people in less physically challenging (office) jobs for whom reductions in productivity might
265 jeopardize neither their jobs nor their livelihoods.

266 Respondents with high and medium degrees of mental exertion perceived their percentage
267 productivity loss as being significantly higher than those with low levels of mental exertion (see Eq.
268 1), with 51% and 50% losses in productivity, respectively compared to 40% (KW=9.59, p=0.0083).
269 Although the number of days respondents felt they had been less productive during the previous
270 year did not differ significantly across the levels of mental exertion (20, 25, 30 for low, medium or
271 high; Figure 2; KW=4.00, p=0.1352), these differences would have made a difference in calculating
272 the economic loss (see Eq. 1). The number of affected days differed even less among different
273 levels of physical exertion (24, 30 and 30 for low, medium and high levels) (KW=2.40, p=0.3005).
274 This lack of difference in the number of days between the medium and high levels of physical
275 exertions explains the similarity in economic losses in these two categories. Surprisingly, given
276 other studies (e.g. Venugopal et al. 2015), there was no significant relationship between work
277 intensity and perceived heat stress (see Table S1 in Supplementary Materials).

278 Overall our findings suggest that occupational health guidelines in Malaysia (Department of
279 Occupational Safety and Health 2016) may need revising to consider more sectors than the high
280 intensity outdoor sectors usually targeted by such policies. While previous studies have shown the
281 link between mental health risks and heat stress (Tawatsupa et al. 2012; López-Sánchez et al. 2017),
282 few guidelines cater for the impact of heat on employees working inside and requiring mostly
283 mental exertion for their work.

284 *Acclimatisation and air-conditioning use*

285 The reason why mental exertion has a stronger impact on the number of days being heat stressed,
286 the percentage reduction in productivity and therefore the economic loss than physical exertion
287 could also be associated with a lack of acclimatisation. People in mentally challenging jobs often
288 work in offices (inside with low labour intensity) and they might therefore not be as acclimatised to
289 heat as those people who work in physically demanding jobs.

290 The lack of acclimatisation could even be exaggerated by the increasing use of air-
291 conditioning. Exposure to increased temperatures over several weeks can assist in developing

318 2009; Maheswaran et al. 2015), and has also been used and validated in other studies (Schuster et
319 al. 2017; Zander et al. 2015,2018). While self-reported estimates need caution in their interpretation
320 (Stone et al. 2000), the biases to which they are subject was reduced by keeping the questionnaire
321 simple, sampling a large number of people across a long-time horizon and by controlling for factors
322 known to affect heat stress, such as health and age (see Methods).

323 Likewise, we used a subjective measure of labour productivity loss, respondents perceptions
324 of the percentage loss of productivity that they attributed to heat on days when they had felt heat
325 stressed. Subjective measures of performance are commonly employed as accurate and reliable
326 indicators of actual productivity (e.g. Wall et al. 2004; Forth and McNabb 2008, Bryson et al. 2017)
327 because data on actual productivity or performance which can be linked to specific situations, like
328 in our case to individual heat stress, are either not available or commercially sensitive (Forth and
329 McNabb 2008). Even if they were available, actual productivity measures are rarely linked to
330 individuals and their personal levels of heat stress. The performance of those not heat stressed might
331 also be affected if they resent the impaired performance of those who are, and because of the impact
332 this has on co-operation and group processes (see Felps et al. 2006). Subjective productivity
333 measures are criticized because the small number of response categories prevents direct
334 quantification of the impact of any particular practice or stress situation on workplace performance
335 (Forth and McNabb 2008). However, while subjective and objective measures might produce
336 different results, the two measures are nevertheless correlated and at least weakly equivalent (Wall
337 et al. 2004; Forth and McNabb 2008).

338 Because of the nature of the data source (crowdsourcing), people without access to the
339 Internet have been excluded. However, Internet coverage in Malaysia is high, estimated at 76.9% in
340 2016 (MCMC 2017). In 2017 it was probably even higher, and in the urban population still higher,
341 so that we are confident that we reached a representative sample of the Malaysian urban population.
342 Our sample did include few elderly people (>60), and, partly related to this, also no sick people.
343 Elderly and unhealthy people have been found to be particularly vulnerable to the health impacts of

344 extreme heat (Basu 2009) and in order to investigate how older people are affected by and cope
345 with heat in urban Malaysia, on the ground in-person interviews will be needed. In-person
346 interviews with people working in different sectors in Malaysia, ranging from outdoor to indoor
347 work of different intensity, would also help to understand better where heat relief plans are most
348 needed and what other policies can help reduce heat stress outside workplaces.

349 **Conclusions**

350 Increasing average temperatures and more frequent and longer heat waves will have profound
351 social, health and economic impacts on global society. Urban locations are more prone to the
352 impacts of heat due to the aggravated effects of the urban heat island. Economic impact can be
353 measured through reductions in productivity of both outdoor and indoor workers in times when they
354 felt heat stressed. In this study from Malaysia, a rapidly urbanizing society, we estimated that
355 people lose nearly 10% of their annual median income because of heat related productivity loss.
356 People working in mentally challenging jobs perceived that their productivity losses had been even
357 higher than did those performing physically intense jobs. Economic costs from productivity loss
358 could be reduced by updating and encouraging compliance with workplace guidelines for climate
359 adaptation and acclimatisation. In particular, more research needs to be done on workplace
360 guidelines for indoor workers and workers involved in mentally challenging jobs, in addition to the
361 well-recognised impact of heat on workers in outdoor and labour intense jobs.

362 **Acknowledgments**

363 The data collection for this project was funded by a Small Faculty Grant provided by Charles
364 Darwin University, Faculty of Law, Economics, Business and Arts (LEBA). The lead author
365 received funding through a Humboldt Foundation Fellowship while writing up this paper. We
366 would like to thank Stephen Garnett for reviewing and editing the final draft of this paper.

367 References

- 368 Anderson G and Bell M. Heat Waves in the United States: mortality risk during heat waves and effect
369 modification by heat wave characteristics in 43 U.S. communities. *Environ Health Perspect.*
370 2011;19:210–219.
- 371 Bain A, Jay O. Does summer in a humid continental climate elicit an acclimatization of human
372 thermoregulatory responses? *Eur J Appl Physiol.* 2011;111:1197–1205.
- 373 Basu R. High ambient temperature and mortality: a review of epidemiologic studies from 2001 to 2008.
374 *Environ Health.* 2009;8:4.
- 375 Borg M, Bi P, Nitschke M, Williams S, McDonald S. The impact of daily temperature on renal disease
376 incidence: an ecological study. *Environ Health.* 2017;16(1):114.
- 377 Bryson A, Forth J, Stokes L. Does employees' subjective well-being affect workplace performance? *Hum*
378 *Relat.* 2017;70:1017–1037.
- 379 Burke M, Hsiang SM, Miguel E. Climate and conflict. *Annu Rev Econ.* 2015a;7:577–617.
- 380 Burke M, Hsiang SM, Miguel E. Global non-linear effect of temperature on economic production. *Nature.*
381 2015b;527:235–239.
- 382 Chandler J, Paolacci G, Mueller P. Risks and rewards of crowdsourcing marketplaces. In: Michelucci, P.
383 (Ed.) pages 377-392. *Handbook of human computation 377-392* (Heidelberg: Springer; 2013).
- 384 Chapman S, Watson JEM, Salazar A, Thatcher M, McAlpine CA. The impact of urbanization and climate
385 change on urban temperatures: a systematic review. *Landscape Ecol.* 2017;32:1921–1935.
- 386 Coates L, Haynes K, O'Brien J, McAneney J, de Oliveira, FD. Exploring 167 years of vulnerability: an
387 examination of extreme heat events in Australia 1844–2010. *Environ Sci Policy.* 2014;42:33–44.
- 388 Department of Occupational Safety and Health. *Guidelines on Heat Stress Management at Workplace.* Kuala
389 Lumpur: Ministry of Human Resources Malaysia; 2016.
- 390 Dhar TK, Khirfan L. Climate change adaptation in the urban planning and design research: missing links and
391 research agenda. *J Environ Plann Man.* 2017;60:602–627.
- 392 Dunne JP, Stouffer RJ, John JG. Reductions in labour capacity from heat stress under climate warming.
393 *Nature Clim Change.* 2013;3:563–566.
- 394 Felps W, Mitchell TR, Byington E. How, when, and why bad apples spoil the barrel: negative group
395 members and dysfunctional groups. *Res Organ Behav.* 2006;27:175–222.
- 396 Forth J, McNabb R. Workplace performance: a comparison of subjective and objective measures in the 2004
397 Workplace Employment Relations Survey. *Ind Relat J.* 2008;39:104–123.
- 398 Hajat S, O'Connor M, Kosatsky T. Health effects of hot weather: from awareness of risk factors to effective
399 health protection. *The Lancet.* 2010;375:856–863.
- 400 Hebbert M, Jankovic V. Cities and climate change: the precedents and why they matter. *Urban Stud.*
401 2013;50:1332–1347.
- 402 Hooyberghs H, Verbeke S, Lauwaet D, Costa H, Floater G, De Ridder K. Influence of climate change on
403 summer cooling costs and heat stress in urban office buildings. *Clim Change.* 2017;144:721–735.
- 404 Index Mundi. Malaysia Demographics Profile 2018.
405 https://www.indexmundi.com/malaysia/demographics_profile.html (Accessed 13 April 2018).

- 406 Jylhä M. What is self-rated health and why does it predict mortality? Towards a unified conceptual model
407 *Soc Sci Med.* 2009;69:307–316.
- 408 Kim SH, Jo SN, Myung HN, Jang JY. The effect of pre-existing medical conditions on heat stroke during hot
409 weather in South Korea. *Environ Res.* 2014;133:246–252.
- 410 Kjellstrom T, Kovats RS, Lloyd SJ, Holt T, Tol RSJ. The direct impact of climate change on regional labor
411 productivity. *Arch Environ Occup H.* 2009a;64:217–227.
- 412 Kjellstrom T. Climate change, direct heat exposure, health and well-being in low and middle income
413 countries. *Glob Health Action.* 2009b;2.
- 414 Kjellstrom T, Gabrysch S, Lemke B, Dear K. The 'Hothaps' programme for assessing climate change impacts
415 on occupational health and productivity: an invitation to carry out field studies. *Glob Health Action.*
416 2009c;2.
- 417 Kjellstrom, T. Impact of Climate Conditions on Occupational Health and Related Economic Losses: A New
418 Feature of Global and Urban Health in the Context of Climate Change. *Asia Pac J Public Health.*
419 2016;28:28S–37S.
- 420 Kjellstrom T, Lemke B, Otto M, Briggs D, Zander K, Goodman J, Fiske L. *Extreme heat and migration.*
421 Geneva: IOM Migration, Environment and Climate Change Division; 2017.
- 422 Knox J, Hess T, Daccache A, Wheeler T. Climate change impacts on crop productivity in Africa and South
423 Asia. *Environ Res Lett.* 2012;7:034032.
- 424 Loh JL, Tangang F, Juneng L, Hein D, Lee D-I. Projected rainfall and temperature changes over Malaysia at
425 the end of the 21st century based on PRECIS modelling system. *Asia-Pacific J Atmos Sci.* 2016;52:191–
426 208.
- 427 López-Sánchez JI, Hancock PA. Thermal effects on cognition: a new quantitative synthesis. *Int J Hyperther.*
428 2017;Published Online, doi:10.1080/02656736.2017.1345013.
- 429 Maheswaran H, Kupek E, Petrou S. Self-reported health and socio-economic inequalities in England, 1996–
430 2009: repeated national cross-sectional study. *Soc Sci Med.* 2015;136:135–146.
- 431 Mathew S, Mathur D, Chang AB, McDonald E, Singh GR, Nur D, Gerritsen R. Examining the effects of
432 ambient temperature on pre-term birth in central Australia. *Int J Environ Res Public Health.*
433 2017;14(2):147.
- 434 Matthews TKR, Wilby RL, Murphy C. Communicating the deadly consequences of global warming for
435 human heat stress. *P Natl Acad Sci USA.* 2017;114:3861–3866.
- 436 MCMC. Internet users survey 2017. Statistical Brief No 21. Cyberjaya: Malaysian Communications and
437 Multimedia Commission; 2017.
- 438 Mora, C, Dousset B, Caldwell IR, Powell FE, Geronimo RC, Bielecki CR, *et al.* Global risk of deadly heat.
439 *Nature Clim Change.* 2017;7:501–506.
- 440 Padhy SK, Sarkar S, Panigrahi M, Paul S. Mental health effects of climate change. *Indian J Occup Environ*
441 *Med.* 2015;19:3–7.
- 442 Perkins SE, Alexander LV, Nairn JR. Increasing frequency, intensity and duration of observed global
443 heatwaves and warm spells. *Geophys Res Lett.* 2012;39:L20714.
- 444 Raftery AE, Zimmer A, Frierson DMW, Startz R, Liu P. Less than 2 °C warming by 2100 unlikely. *Nature*
445 *Clim Change.* 2017;7:637–641.
- 446 R Core Team. *R: A language and environment for statistical computing.* R Foundation for Statistical
447 Computing; 2013.

- 448 Schuster C, Honold J, Lauf S, Lakes T. Urban heat stress: novel survey suggests health and fitness as future
449 avenue for research and adaptation strategies. *Environ Res Lett.* 2017; 12:044021.
- 450 Stern N. The structure of economic modeling of the potential impacts of climate change: grafting gross
451 underestimation of risk onto already narrow science models. *J Econ Lit.* 2013;51:838–859.
- 452 Stone AA, Bachrach CA, Jobe JB, Kurtzman HS, Cain VS. *The science of self-report: implications for*
453 *research and practice.* Mahwah: Lawrence Erlbaum Associates; 2000.
- 454 Tamm M, Jakobson A, Havik M, et al. The compression of perceived time in a hot environment depends on
455 physiological and psychological factors. *Q J Exp Psychol.* 2014;67:197–208.
- 456 Tawatsupa B, Yiengprugsawan V, Kjellstrom T, Berecki-Gisolf J, Seubsman S-A, Sleigh A. Association
457 between heat stress and occupational injury among Thai workers: findings of the Thai cohort study. *Ind*
458 *Health* 2013;51:34–46.
- 459 Tawatsupa B, Yiengprugsawan V, Kjellstrom T, et al. Heat stress, health and well-being: findings from a
460 large national cohort of Thai adults. *BMJ Open.* 2012;2:e001396.
- 461 Teixeira EI, Fischer G, van Velthuis H, Walter C, Ewert F. Global hot-spots of heat stress on agricultural
462 crops due to climate change. *Agric For Meteorol.* 2013;170:206–215.
- 463 Venugopal V, Chinnadurai JS, Lucas RAI, Kjellstrom T. Occupational heat stress profiles in selected
464 workplaces in India. *Int J Environ Res Public Health.* 2016;13:89.
- 465 Wall T, Michie J, Patterson M, Wood S, Sheehan M, Clegg CW, West M. On the validity of subjective
466 measures of company performance. *Pers Psychol.* 2004;57:95–118.
- 467 Waters J, Adger WN. Spatial, network and temporal dimensions of the determinants of adaptive capacity in
468 poor urban areas. *Global Environ Chang.* 2017;46:42–49.
- 469 World Bank. East Asia’s changing urban landscape: measuring a decade of spatial growth. Urban
470 Development Series. Washington, DC: World Bank; 2015.
- 471 Wouters H, De Ridder K, Poelmans L, Willems P, Brouwers J, Hosseinzadehtalaei P, et al. Heat-stress
472 increase under climate change twice as large in cities as in rural areas: a study for a densely populated
473 mid-latitude maritime region. *Geophys Res Lett.* 2017;44:8997–9007.
- 474 Xiang J, Bi P, Pisaniello D, Hansen A. Health Impacts of Workplace Heat Exposure: An Epidemiological
475 Review. *Ind Health.* 2014;52:91–101.
- 476 Zander KK, Botzen WJW, Oppermann E, Kjellstrom T, Garnett ST. Heat stress causes substantial labour
477 productivity loss in Australia. *Nature Clim Change.* 2015;5:647–651.
- 478 Zander KK, Matthew S, Garnett ST. Exploring heat stress relief measures among Australian labour force. *Int*
479 *J Environ Res Public Health.* 2018;15(3):E401.
- 480 Zhang Y, Nitschke M, Bi P. Risk factors for direct heat-related hospitalization during the 2009 Adelaide
481 heatwave: A case crossover study. *Sci Total Environ.* 2013;442:1–5.

482

483 **Tables**

484 **Table 1. Questions used in the online survey to elicit respondents' subjective heat stress and associated loss in**
 485 **productivity**

Question	Explanation	Responses
Do you ever feel stressed by heat in what you are doing?	To address aim 1 : assessing perceived (subjective) heat stress	No never Yes, but rarely Yes, sometimes Yes, often Yes, very often
On average, how much less productive are you on a hot day, in percentage of your usual productivity from 1% (not much less productive) to 100% (a lot less productive)?	The response measures the degree of subjective productivity loss, as a percentage of the usual productivity which respondents would expect on a normal day when not feeling heat stressed. To address aim 2 : assessing perceived (subjective) productivity loss (see Eq. 1)	Percentage from 1 to 100 on a slider
On how many days in the last 12 months did you feel less productive because of heat stress?	The response measures the frequency of being less productive because of heat stress, as perceived and recalled over the last 12 months by respondents. To address aim 2 : assessing perceived (subjective) productivity loss (see Eq. 1)	Open question (days per last 12 months)

486

487 **Table 2. Factors affecting annual economic loss from the productivity impact of heat stress**

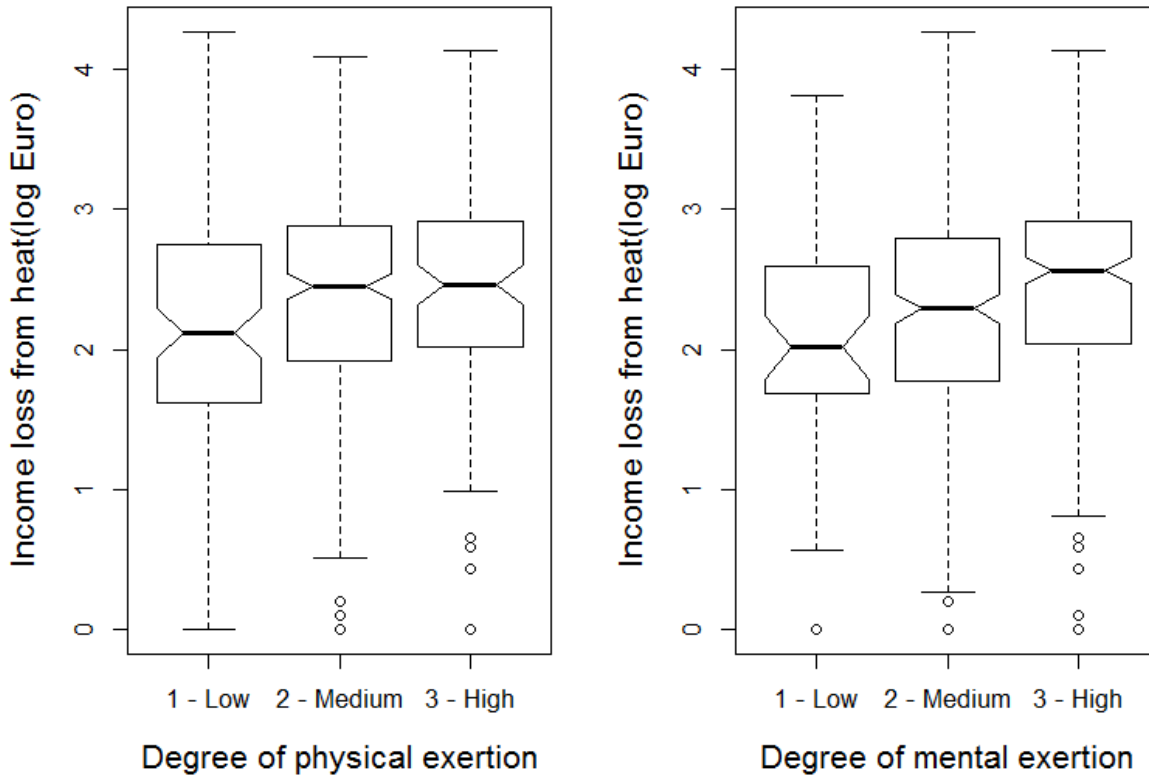
Variable	Levels (% of respondents)	Annual loss (Median in €)	Test of significance
Gender	Female (50%)	302	KW=1.34, p=0.2472
	Male (50%)	215	
Health	Fair (26%)	278	KW=0.43, p=0.8061
	Good (53%)	273	
	Excellent (21%)	215	
Education	Low (14%)	210 ^a	KW=4.84, p=0.0889
	Medium (35%)	206 ^b	
	High (University; 51%)	309 ^b	
Time spent outside	Little (30%)	289 ^a	KW=9.88, p=0.0071
	About half (57%)	197 ^b	
	A lot (13%)	408 ^b	
Degree of physical exertion	Light (20%)	132 ^a	KW=6.20, p=0.0450
	Medium (60%)	281 ^b	
	Heavy (20%)	289 ^b	
Degree of mental exertion	Light (8%)	104 ^a	KW=11.82, p=0.0027
	Medium (46%)	195 ^b	
	Heavy (46%)	369 ^c	
Air-conditioning at home	Yes (58%)	330 ^a	KW=8.73, p=0.0031
	No (42%)	165 ^b	
Air-conditioning at work	Yes (78%)	278	KW=0.55, p=0.4563
	No (22%)	196	
Workload	Full-time (48%)	289	KW=2.64, p=0.2676
	Part-time (37%)	193	
	Casual (15%)	289	
Work intensity of sector	Light (39%)	198	KW=1.38, p=0.5014
	Medium (41%)	289	
	Heavy (20%)	340	

488 *Note:* different subscripts imply significant differences across levels; KW = Kruskal-Wallis

489

490 **Figures**

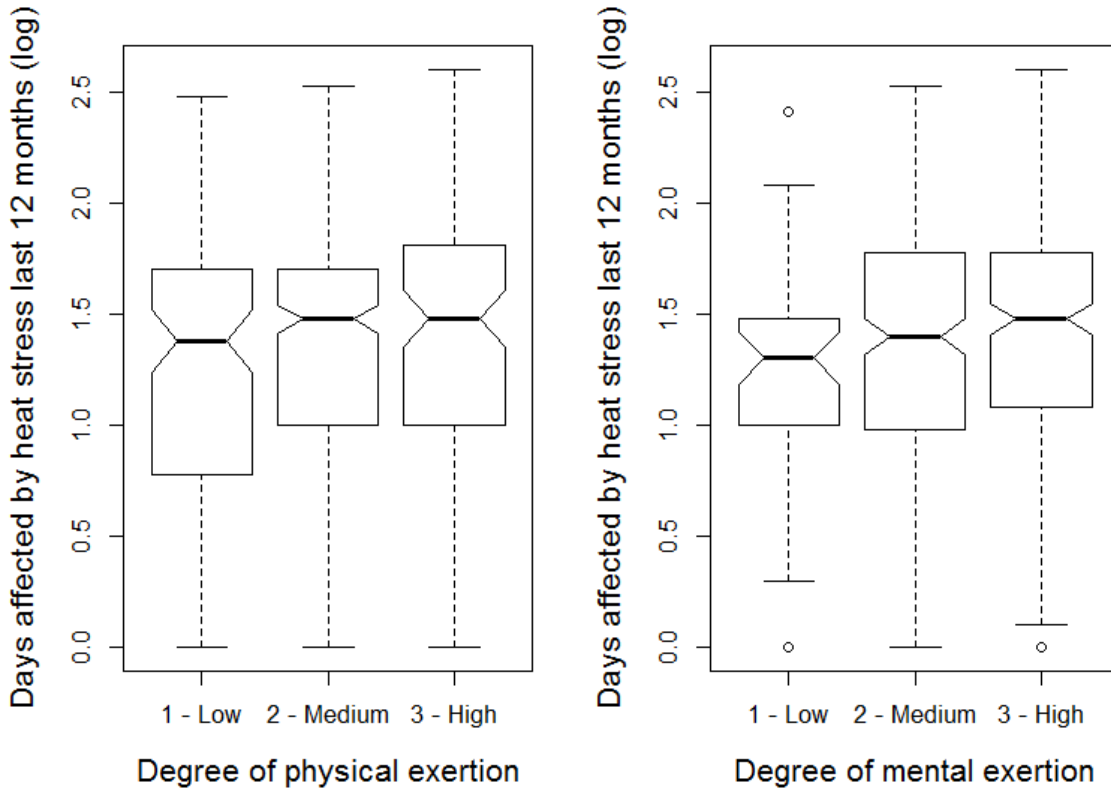
491 **Figure 1. Relationship between physical (left) and mental (right) exertions of activities and economic loss from**
492 **heat stress related reductions in labour productivity**



493

494

495 **Figure 2. Relationship between days affected by heat stress and physical and mental exertion**



496