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Impact of recent antibiotics on nasopharyngeal carriage and lower airway infection in Indigenous Australian children with non-cystic fibrosis bronchiectasis

Hare, Kim; Leach, Amanda; Morris, Peter; Smith-Vaughan, Heidi; Torzillo, Paul; Bauert, Paul; Cheng, Allen; McDonald, Malcolm; BROWN, N; Chang, Anne; Grimwood, Keith

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Title: IMPACT OF RECENT ANTIBIOTICS UPON NASOPHARYNGEAL CARRIAGE AND LOWER AIRWAY INFECTION IN INDIGENOUS AUSTRALIAN CHILDREN WITH NON-CYSTIC FIBROSIS BRONCHIECTASIS

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Corresponding Author: Ms Kim Hare,

Corresponding Author's Institution: Menzies School of Health Research

First Author: Kim Hare

Order of Authors: Kim Hare; Amanda J Leach; Peter S Morris; Heidi Smith-Vaughan; Paul Torzillo; Paul Bauert; Allen C Cheng; Malcolm I McDonald; Ngiare Brown; Anne B Chang; Keith Grimwood

Abstract: Indigenous Australian children have the world's highest recorded rate of bronchiectasis. Despite a lack of high-level evidence on effectiveness and antibiotic resistance, long-term antibiotics are often prescribed as part of their clinical management. We determined the impact of recent macrolide (primarily azithromycin) and beta-lactam antibiotic use on nasopharyngeal colonisation, lower airway infection ($>10^4$ colony-forming units/mL in bronchoalveolar lavage fluid culture) and antibiotic resistance in nontypeable *Haemophilus influenzae* (NTHi), *Streptococcus pneumoniae* and *Moraxella catarrhalis* isolates from 104 Indigenous children with radiographically-confirmed bronchiectasis. Recent antibiotic use was associated with reduced nasopharyngeal carriage of these respiratory bacterial pathogens, especially *S. pneumoniae* (Odds Ratio [OR] 0.22, 95% Confidence Interval [CI] 0.08, 0.63) and *M. catarrhalis* (OR 0.33, 95% CI 0.11, 1.01) in 39 children who received macrolides, and *S. pneumoniae* (OR 0.07, 95% CI 0.01, 0.32) in 26 children who received beta-lactam antibiotics. In the lower airways, only *M. catarrhalis* infection was reduced in children who received macrolides, but this was not statistically significant (OR 0.18, 95% CI 0.00, 1.75). Children given macrolides were more likely to carry (OR 4.58, 95% CI 1.14, 21.7) and be infected by (OR 8.13, 95% CI 1.47, 81.3) azithromycin-resistant *S. pneumoniae*. Children receiving beta-lactam antibiotics were more likely to have lower airway infection with ampicillin-resistant NTHi (OR 4.40, 95% CI 0.85, 23.9). Increased risk of lower airway infection by antibiotic-resistant pathogens in children receiving antibiotics is of concern and clinical trials to determine if long-term antibiotic treatments provide an overall clinical benefit in this setting are awaited.

1 **IMPACT OF RECENT ANTIBIOTICS UPON NASOPHARYNGEAL CARRIAGE**
2 **AND LOWER AIRWAY INFECTION IN INDIGENOUS AUSTRALIAN CHILDREN**
3 **WITH NON-CYSTIC FIBROSIS BRONCHIECTASIS**

4
5 Hare KM ^{a*}, Leach AJ ^a, Morris PS ^{a,b}, Smith-Vaughan H ^a, Torzillo P ^{c,d,e}, Bauert P ^b,
6 Cheng AC ^{a,f,g}, McDonald MI ^{h,i}, Brown N ^{j,k}, Chang AB ^{a,b,l,m} and Grimwood K ^{l,n}.

7
8 ^a Child Health Division, Menzies School of Health Research, Charles Darwin University, PO
9 Box 41096, Casuarina, Darwin, Northern Territory 0811, Australia; ^b Royal Darwin Hospital,
10 Rocklands Drive, Tiwi, Darwin, Northern Territory 0811, Australia; ^c Nganampa Health
11 Council, PO Box 2232, Alice Springs, Northern Territory 0871, Australia; ^d Royal Prince
12 Alfred Hospital, Missenden Road, Camperdown, Sydney, New South Wales 2050, Australia;
13 ^e Department of Medicine, University of Sydney, Sydney, New South Wales 2050, Australia;
14 ^f Department of Epidemiology and Preventive Medicine, Monash University, Wellington
15 Road, Clayton, Victoria 3800, Australia; ^g Infectious Diseases Unit, Alfred Hospital,
16 Commercial Road, Prahran, Victoria 3181, Australia; ^h School of Medicine and Dentistry,
17 James Cook University, PO Box 6811, Cairns, Queensland 4870, Australia; ⁱ Outreach
18 Services (General Medicine), Cairns Base Hospital, The Esplanade, Cairns, Queensland
19 4870, Australia; ^j University of Wollongong, Wollongong, New South Wales 2522, Australia;
20 ^k Australian Indigenous Doctors' Association, 18 King George Terrace, Parkes, Australian
21 Capital Territory 2600, Australia; ^l Queensland Children's Medical Research Institute, The
22 University of Queensland, Royal Children's Hospital, Herston Road, Herston, Queensland
23 4029, Australia; ^m Department of Respiratory Medicine, Royal Children's Hospital, Herston
24 Road, Herston, Queensland 4029, Australia; ⁿ Department of Infectious Diseases, Royal
25 Children's Hospital, Herston Road, Herston, Queensland 4029, Australia.

1 *** Corresponding author:**

2 Kim Hare, Child Health Division, Menzies School of Health Research, Charles Darwin

3 University, PO Box 41096, Casuarina, Darwin, Northern Territory 0811, Australia.

4 Tel +61 89 228828

5 Fax +61 89 275187

6 Email: kim.hare@menzies.edu.au

7

8

1 **Abstract**

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3 Despite a lack of high-level evidence on effectiveness and antibiotic resistance, long-term
4 antibiotics are often prescribed as part of their clinical management. We determined the
5 impact of recent macrolide (primarily azithromycin) and beta-lactam antibiotic use on
6 nasopharyngeal colonisation, lower airway infection ($>10^4$ colony-forming units/mL in
7 bronchoalveolar lavage fluid culture) and antibiotic resistance in nontypeable *Haemophilus*
8 *influenzae* (NTHi), *Streptococcus pneumoniae* and *Moraxella catarrhalis* isolates from 104
9 Indigenous children with radiographically-confirmed bronchiectasis. Recent antibiotic use
10 was associated with reduced nasopharyngeal carriage of these respiratory bacterial pathogens,
11 especially *S. pneumoniae* (Odds Ratio [OR] 0.22, 95% Confidence Interval [CI] 0.08, 0.63)
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13 *S. pneumoniae* (OR 0.07, 95% CI 0.01, 0.32) in 26 children who received beta-lactam
14 antibiotics. In the lower airways, only *M. catarrhalis* infection was reduced in children who
15 received macrolides, but this was not statistically significant (OR 0.18, 95% CI 0.00, 1.75).
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17 infected by (OR 8.13, 95% CI 1.47, 81.3) azithromycin-resistant *S. pneumoniae*. Children
18 receiving beta-lactam antibiotics were more likely to have lower airway infection with
19 ampicillin-resistant NTHi (OR 4.40, 95% CI 0.85, 23.9). Increased risk of lower airway
20 infection by antibiotic-resistant pathogens in children receiving antibiotics is of concern and
21 clinical trials to determine if long-term antibiotic treatments provide an overall clinical
22 benefit in this setting are awaited.

23 **Key words:** azithromycin, bronchiectasis, microbial drug resistance, nasopharynx,
24 respiratory tract infections.

25

1 **1. Introduction**

2 The role of bacteria in children with non-cystic fibrosis (CF) bronchiectasis has received
3 surprisingly little attention [1]. Indigenous Australian children have a heavy burden of
4 respiratory disease [2]. Within weeks of birth their upper airways are colonised by
5 *Streptococcus pneumoniae* (pneumococcus), nontypeable *Haemophilus influenzae* (NTHi)
6 and *Moraxella catarrhalis* [3]. We recently presented evidence indicating that recurrent
7 pulmonary aspiration of bacterial-laden nasopharyngeal secretions might be important in the
8 pathogenesis of non-CF bronchiectasis in this high-risk group of children [4].

9
10 The prescription of long-term maintenance antibiotics, such as azithromycin, is sometimes
11 used to treat adults and children with non-CF bronchiectasis. However, the overall effects of
12 azithromycin in these patients are uncertain. Although a small randomised controlled trial
13 and retrospective reviews from several centres managing adults with non-CF bronchiectasis
14 report that azithromycin improves exacerbation frequency and spirometry, and suppresses
15 sputum bacteria [5-7], higher-level evidence for efficacy is lacking. Moreover, azithromycin
16 can lead to macrolide resistance in respiratory flora [8], an increasing problem worldwide [9].
17 Consequently, substantial gaps in our knowledge remain over the effects of azithromycin on
18 the upper and lower airway microbiology of children with non-CF bronchiectasis.
19 Moreover, uncertainty surrounds clinically relevant antimicrobial resistance breakpoints for
20 bacterial pathogens acting at separate anatomical sites within the respiratory tract [10].

21
22 In this prospective, cross-sectional, observational study we examined the impact of recent
23 antibiotic exposure upon nasopharyngeal colonisation, lower airway infection and antibiotic
24 resistance in common respiratory bacterial pathogens detected in Indigenous children

1 undergoing bronchoscopy following a radiographically-confirmed diagnosis of
2 bronchiectasis.

3

4 **2. Methods**

5 *2.1 Study participants*

6 Children referred for evaluation of persistent wet cough and/or recurrent lower respiratory
7 infections were enrolled into the study between July 2007 and September 2011 inclusive. All
8 participants had flexible bronchoscopy and high-resolution computed tomography under
9 general anaesthesia for diagnostic evaluation of suspected bronchiectasis at the Royal Darwin
10 Hospital, Northern Territory (NT), Australia. Non-Indigenous children or those not found to
11 have radiographically-confirmed bronchiectasis were excluded from this analysis, as were
12 those found to have cystic fibrosis. The Human Research Ethics Committee of the NT
13 Department of Health and Menzies School of Health Research approved the study. The
14 children's carers provided written, informed consent.

15

16 *2.2 Data collection*

17 Clinical information was extracted from the medical records using a standardised data
18 collection form. A diagnosis of radiographically-confirmed bronchiectasis was made by the
19 treating paediatric respiratory physician based on the standard criteria for the assessment of
20 high resolution CT scans. Recent antibiotic use was defined as having received any antibiotic
21 within the 2 week period prior to bronchoscopy.

22

23 *2.3 Specimen collection and storage*

24 Immediately after anaesthetic induction, a rayon-tipped swab was inserted into the
25 nasopharynx, rotated for 2-3 seconds before being withdrawn and placed into a tube

1 containing 1mL of skim milk tryptone glucose glycerol broth (STGGB) [4]. This was
2 followed by transnasal flexible bronchoscopy as previously outlined [4] so that suction
3 channel use was avoided until the bronchoscope tip extended below the carina.
4 Bronchoalveolar lavage (BAL; 1 mL/kg; maximum 20mL sterile saline) was conducted on
5 the most abnormal appearing lobe identified on radiography or at bronchoscopy in
6 accordance with the European Respiratory Society's guidelines [11], followed by immediate
7 suctioning into a mucus trap. A 0.5 mL aliquot of BAL fluid was added to a cryovial
8 containing 0.5mL of concentrated STGGB for bacterial culture. The BAL fluid and
9 nasopharyngeal swab specimens were transferred to the laboratory for storage at -80°C.

10

11 *2.4 Laboratory procedures*

12 Specimens were thawed, mixed and 10µL aliquots plated onto selective media. Semi-
13 quantitative colony counts were performed and correlated to density of colony-forming units
14 (CFU)/mL in BAL fluid by serial dilution and quantitative colony counts, and bacterial
15 species were identified according to standard procedures [4]. Lower airway infection was
16 diagnosed when any single respiratory bacterial pathogen was grown in concentrations $>10^4$
17 CFU/mL in BAL fluid cultures [4].

18

19 From each positive specimen, up to four colonies each of *S. pneumoniae* and NTHi were
20 tested for antibiotic susceptibility using the calibrated disc sensitivity (CDS) method [12].
21 Minimum inhibitory concentrations (MICs) for penicillin and azithromycin (*S. pneumoniae*)
22 and for ampicillin and azithromycin (NTHi) were determined by Etest® strips (AB Biodisk
23 [now AB bioMérieux], Sweden) when the respective disc annuli were <6 mm. Resistance
24 was defined according to the Etest® guidelines, except for *H. influenzae* resistance to
25 azithromycin where the European Committee on Antimicrobial Susceptibility Testing

1 (EUCAST) breakpoints were used; these include a category for intermediate resistance [13].
2 NTHi and *M. catarrhalis* isolates were tested for beta-lactamase (BL) activity employing a
3 nitrocephin-based test. *S. pneumoniae* isolates were serotyped by the Quellung reaction with
4 pneumococcal antisera (Statens Serum Institute, Copenhagen, Denmark).

5

6 *2.5 Statistical analyses*

7 Stata software (Stata Corporation, College Station, TX, Version 10.0) was employed for
8 statistical analyses. Fisher's exact test examined differences in categorical variables. Odds
9 Ratios (OR) were estimated from 2 x 2 tables with confidence intervals (CI) calculated by the
10 exact binomial method. A two-tailed P-value <0.05 was considered significant.

11

12 **3. Results**

13 *3.1 Details of participants*

14 Of 117 children admitted for evaluation of chronic wet cough, 107 had radiographically-
15 confirmed bronchiectasis. This study describes the 104 Indigenous children with confirmed
16 bronchiectasis; 64 (62%) were male and the median age was 28.5 (range 5.2-154.6) months.
17 Of these 104 children, 65 had taken antibiotics within 2 weeks of bronchoscopy, including 39
18 who received macrolides (azithromycin 38, roxithromycin 1) and 26 who were prescribed
19 beta-lactams singly or in combination (benzylpenicillin 3, amoxicillin 19, ampicillin 2,
20 flucloxacillin 1, ceftriaxone 10, cefotaxime 2, cephalexin 1, meropenem 1). Four children
21 received antibiotics from both classes, and nine received other antibiotics (trimethoprim-
22 sulphamethoxazole 3, metronidazole 1, gentamicin 1, vancomycin 3, unknown 3), five in
23 combination with beta-lactams.

24

1 Overall, 88/104 (85%) children had received at least two doses of the 7-valent pneumococcal
2 conjugate vaccine (Prevenar®; Pfizer Australia Pty Ltd), and 58/84 (69%) of those aged ≥18
3 months had been given the 23-valent pneumococcal polysaccharide vaccine (Pneumovax®;
4 Commonwealth Serum Laboratories Ltd) as recommended by the NT immunisation schedule
5 up to October 2009. The 10-valent pneumococcal *H. influenzae* protein D conjugate vaccine
6 (Synflorix®; GlaxoSmithKline Australia Pty Ltd) replaced Prevenar® in the NT schedule in
7 October 2009 and 13 (12.5%) children had received at least two doses of this vaccine.

8

9 3.2 Pathogen recovery

10 The three main respiratory bacterial pathogens detected in the nasopharynx (Table 1) were *H.*
11 *influenzae* (n=52), *S. pneumoniae* (n=38) and *M. catarrhalis* (n=33). Lower airway infection
12 (>10⁴ CFU/mL) was diagnosed in 42 (40%) children who grew *H. influenzae* (n=32), *S.*
13 *pneumoniae* (n=17) and *M. catarrhalis* (n=12) in their BAL fluid cultures (Table 2). Two of
14 52 children with *H. influenzae* nasopharyngeal carriage had typeable (non-Hib) strains only.
15 All 32 children with *H. influenzae* lower airway infection had NTHi isolated, and typeable
16 (non-Hib) strains were also found in three. Nasopharyngeal carriage of any of the three
17 respiratory bacteria was significantly lower in children who received antibiotics within 2
18 weeks of bronchoscopy (Table 3). For individual bacteria, reduced carriage was statistically
19 significant for *S. pneumoniae* in children receiving macrolide or beta-lactam antibiotics.
20 Reduced *M. catarrhalis* carriage in children receiving macrolides just failed to achieve
21 statistical significance. No significant effects were seen for lower airway infection (Table 3).

22

23 3.3 Antibiotic resistance

24 Of 38 children with positive *S. pneumoniae* nasopharyngeal cultures, 13 (34%) carried
25 azithromycin-resistant (MIC >4 mg/L) strains and 11 (29%) had penicillin non-susceptible

1 (MIC >0.12 mg/L) strains (Table 4). In 17 children with *S. pneumoniae* lower airway
2 infection, 10 (59%) had azithromycin-resistant strains and 6 (35%) had penicillin non-
3 susceptible strains isolated from BAL fluid (Table 5). The azithromycin-resistant
4 pneumococcal serotypes were 6A, 6C, 7C, 7F, 9N, 11A, 15C, 17F, 19F, 22F, 23B, 23F and
5 31 and penicillin non-susceptible serotypes were 6B, 6C, 11A, 15C, 16F, 19A, 19F, 23B and
6 35B. Pneumococcal serotypes detected in children with lower airway infection are shown in
7 Table 6. No isolates with high-level penicillin resistance (MIC \geq 2 mg/L) or very high-level
8 azithromycin resistance (MIC > 256 mg/L) were detected. Azithromycin MICs had a bimodal
9 distribution and were either <1 mg/L (susceptible) or between 12 and 128 mg/L (resistant).

10

11 Amongst 52 children with positive nasopharyngeal cultures for *H. influenzae*, two carried
12 typeable (non-Hib) strains only, which were not tested for antibiotic resistance. MICs were
13 also not determined for NTHi isolates from a further two nasopharyngeal cultures and two
14 BAL fluid cultures. Using EUCAST breakpoints, azithromycin-resistant isolates (MIC >4
15 mg/L) were detected in 3 of 48 (6%) nasopharyngeal swabs from culture-positive children
16 (Table 4), and in 4 of 30 (13%) BAL specimens from children with NTHi lower airway
17 infection (Table 5). Most NTHi-positive specimens (94% nasopharyngeal swabs and 87%
18 from NTHi lower airway infection) had isolates with intermediate resistance to azithromycin
19 (MIC >0.125 and \leq 4 mg/L), while none tested were susceptible by EUCAST criteria (MIC
20 \leq 0.125 mg/L).

21

22 In the 48 NTHi nasopharyngeal culture positive children tested, 9 (19%) had BL-positive
23 strains and 7 (15%) had ampicillin-resistant (MIC \geq 4 mg/L) isolates. In the 30 children
24 tested with NTHi lower airway infection, 10 (33%) harboured BL-positive strains and 9
25 (30%) had ampicillin-resistant strains. No BL-negative ampicillin-resistant (BLNAR) NTHi

1 isolates were detected. Most (91%) of the 33 *M. catarrhalis* nasopharyngeal culture-positive
2 children and all 12 children with *M. catarrhalis* lower airway infection had BL-positive
3 strains.

4

5 *3.4 Impact of antibiotic use on antibiotic resistance*

6 Children who received macrolides were significantly more likely to harbour azithromycin-
7 resistant *S. pneumoniae* isolates in their nasopharynx and to have lower airway infections
8 from these strains than children without a history of recent macrolide antibiotic therapy
9 (Table 7). Similarly, those who received beta-lactam antibiotics were significantly more
10 likely to have lower airway infection with ampicillin-resistant BL-positive NTHi than
11 children who had not been exposed recently to these agents. Finally, those taking macrolides
12 were less likely to have a lower airway infection caused by a BL-positive strain of
13 *M. catarrhalis*.

14

15 **4. Discussion**

16 To the best of our knowledge this is the first report describing the impact of antibiotics upon
17 nasopharyngeal carriage of *M. catarrhalis* and on lower airway infection with any of the
18 three major respiratory bacterial pathogens in children with non-CF bronchiectasis.
19 Nasopharyngeal carriage by the three respiratory pathogens was lower in children who had
20 received antibiotics in the 2-weeks prior to bronchoscopy. This effect upon carriage appeared
21 to arise principally from the suppression of *S. pneumoniae* by macrolide and beta-lactam
22 antibiotics and probably from a similar effect of macrolides upon *M. catarrhalis*. Studies in
23 Australian Indigenous children treated for acute otitis media have shown similar effects for
24 azithromycin and amoxicillin upon *S. pneumoniae* nasal carriage, while azithromycin has
25 also been reported to have a modest suppressive effect upon NTHi colonisation in this patient

1 population [14]. Only lower airway infection with *M. catarrhalis* appeared to be reduced in
2 children who received macrolides, but this was not statistically significant. In contrast, beta-
3 lactam antibiotics had little impact on decreasing lower airway infection.

4 5 *4.1 Impact of antibiotics upon resistance*

6 Although children who received macrolides were less likely to carry *S. pneumoniae*, they
7 were more likely to be colonised by azithromycin-resistant *S. pneumoniae* or to have lower
8 airway infection with azithromycin-resistant strains. This suggests that macrolide use
9 eliminated mainly susceptible strains, consistent with reports of increased carriage of
10 azithromycin-resistant *S. pneumoniae* strains in Indigenous Australian children following
11 azithromycin treatment for acute otitis media [14] and trachoma [15].

12
13 Levels of *S. pneumoniae* azithromycin resistance in this study were higher than those found
14 in Indigenous children of a similar age in cross-sectional surveys in remote NT communities
15 in 2003 and 2005 and in both instances involved a diverse range of non-vaccine
16 pneumococcal serotypes [16]. As a proportion of *S. pneumoniae* carriage-positive children,
17 azithromycin resistance was 6% in the community surveys compared with 34% (Table 4,
18 13/38) in the present study. While higher azithromycin resistance in our study was associated
19 with recent macrolide use, it was also higher than reported previously in children who had not
20 recently received macrolides (Table 4, 4/27 or 15% of carriage-positive children). This may
21 be due to previous azithromycin exposure in these children or to increased azithromycin use
22 in the general NT population, where it is used for treating trachoma and for some respiratory
23 and sexually transmitted infections.

24

1 Azithromycin resistance in NTHi has not previously been reported in this population. Most
2 H. influenzae strains have an intrinsic macrolide-efflux mechanism and azithromycin MICs
3 of 0.25-4 mg/L [17]. These strains are now defined in the latest EUCAST guidelines as
4 intermediate-resistant [13]. In a study of over 6000 isolates, only 1.3% had high-level
5 macrolide resistance (MIC >4 mg/L) due to ribosomal alterations, while 1.8% were defined
6 as hypersusceptible (MIC <0.25 mg/L) [17]. In our study, high-level azithromycin resistance
7 was detected in 13% of children with NTHi lower airway infection. It seems likely that, as
8 with S. pneumoniae, azithromycin-resistant NTHi strains have been selected at the individual
9 or population level by macrolide use.

10

11 Children who received beta-lactam antibiotics were also significantly more likely to have
12 lower airway infections with ampicillin-resistant NTHi. Overall, 10% of children in this study
13 carried BL-positive NTHi. While this is lower than reported elsewhere (e.g. 26% in North
14 America [18]), it is higher than the 5% previously reported in this population [14]. As
15 expected, most M. catarrhalis isolates in our study were BL-positive. We did not test for
16 azithromycin susceptibility as M. catarrhalis is regarded as being almost universally
17 susceptible to azithromycin. A recent study in Western Australia, which included Indigenous
18 children, reported that all 261 M. catarrhalis strains tested were susceptible to azithromycin
19 [19]. In our study, azithromycin susceptibility is the most likely explanation for M.
20 catarrhalis lower airway infections being less prevalent in children who had received
21 macrolides.

22

23 *4.2 Clinical relevance of azithromycin resistance*

24 The level of azithromycin resistance observed in our study is concerning. While azithromycin
25 is reported to be effective against susceptible strains of S. pneumoniae, the relevant MIC

1 breakpoint is controversial and depends upon the site of infection. Most treatment failures
2 have been reported for community-acquired pneumonia (CAP) [20] and generally with
3 azithromycin MIC ≥ 8 mg/L [10]. Treatment failure has also been reported for *S. pneumoniae*
4 lower airway infections with MIC ≥ 4 mg/L [21] and for otitis media with MIC > 1 mg/L [22].
5 Although guidelines suggest a 25% rate of high-level *S. pneumoniae* resistance (MIC ≥ 16
6 mg/L) as a threshold at which macrolides should no longer be used for CAP, some authors
7 believe failure to consider low-level resistance will result in higher rates of morbidity and
8 mortality because of discordant therapy [23]. In our study we found azithromycin-resistant
9 (MIC > 4 mg/L) *S. pneumoniae* in 59% of specimens from children with *S. pneumoniae* lower
10 airway infection, and all but one tested isolate had MIC ≥ 16 mg/L. As a result, treating
11 clinicians may be faced with treatment failure in this setting.

12
13 Much less is known about macrolide resistance and its clinical significance in *H. influenzae*
14 infection. An approach utilising pharmacokinetic and pharmacodynamic (PK/PD) modelling
15 reported that none of 148 respiratory NTHi isolates from children attending two United States
16 paediatric hospitals between 2005 and 2007 were susceptible with PK/PD breakpoints
17 compared to 87% using Clinical and Laboratory Standards Institute breakpoints [24]. The
18 EUCAST guidelines have taken into account the intrinsic macrolide efflux mechanism
19 possessed by most NTHi strains and have lowered their clinical breakpoints to include these
20 isolates [13]. Nevertheless, while some experts claim that azithromycin has no clinically
21 useful activity against *H. influenzae* [25], others report that azithromycin is effective for
22 treating chronic lower airway infections, including those caused by *H. influenzae* [5,6,26].
23 Unfortunately, correlation between macrolide MICs and clinical outcome is weak for *H.*
24 *influenzae* [13]. As with *S. pneumoniae*, different MIC breakpoints may be needed according

1 to the site of infection. When assessing the clinical responses to azithromycin it is also
2 important to consider the immunomodulatory properties of this agent [27].

3

4 *4.3 Limitations*

5 Our study has important limitations. As an observational, point-prevalence study, the impact
6 of previous exposure to macrolide (or other) antibiotics upon respiratory bacterial pathogens
7 could not be analysed. A randomised, placebo-controlled trial of long-term azithromycin in
8 Indigenous children with bronchiectasis (ACTRN1261000038 3066) is currently underway
9 and should help to further address the effects of azithromycin upon respiratory flora.

10

11 In addition, BAL fluid cultures may have under-diagnosed lower airway infections in patients
12 with multi-lobe disease through sampling only from a single lobe [28]. Similarly, the
13 proportions of antibiotic-resistant strains identified are likely to have been underestimated by
14 only performing antibiotic susceptibility testing on a limited number of colonies from each
15 culture plate. Small subject numbers may have led to type II errors in some sub-analyses,
16 most notably for *M. catarrhalis*. In this regard the numbers of study participants harbouring
17 *Staphylococcus aureus* in their nasopharynx (n=15) or associated with lower airway infection
18 (n=3) were too small to analyse. Worryingly, macrolide-resistant *S. aureus* isolates were
19 detected in nasopharyngeal and BAL-fluid cultures from 12 (80%) and 2 (67%) children
20 carrying *S. aureus* respectively (data not shown). As azithromycin is associated with rapid
21 emergence of macrolide-resistant strains of *S. aureus* in patients with CF [29], a larger study
22 is being undertaken. Finally, this is a high risk group, and these findings may not be
23 generalisable to other settings.

24

25 *4.4 Conclusions*

1 Our data show an association between reduced nasopharyngeal carriage of respiratory
2 bacterial pathogens in children who had received macrolide or beta-lactam antibiotics
3 recently, but no such association was observed for lower airway infection. Only infection
4 with *M. catarrhalis* was reduced in children who had received macrolides, suggesting that
5 azithromycin may be effective in clearing *M. catarrhalis* from the lungs of Indigenous
6 children with bronchiectasis, or perhaps in preventing lower airway colonisation. Macrolide
7 use was however associated with increased levels of carriage and infection with
8 azithromycin-resistant *S. pneumoniae*, while the persistence of NTHi infection in the lungs of
9 children receiving azithromycin suggests that azithromycin is ineffective against most NTHi.
10 These findings are consistent with recent reports, including in vitro studies, which found that
11 azithromycin was highly effective against *M. catarrhalis* and susceptible *S. pneumoniae*,
12 while its effect upon *H. influenzae* was limited [30]. A randomised, placebo-controlled trial
13 of long-term azithromycin therapy in our population of Indigenous children with non-CF
14 bronchiectasis will help to determine whether increased levels of resistance in *S. pneumoniae*
15 and NTHi will negate any of the clinical benefits.

16

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23

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3 where data from this study will be presented. This study was approved by the Human
4 Research Ethics Committee of the Northern Territory (Australia) Department of Health and
5 Menzies School of Health Research (Ref. No. 07/63).
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1 **Table 1: Nasopharyngeal carriage by antibiotic use**

Antibiotics	None	Any	Macrolide	Beta-lactam	Both	Other	Total
	N	N	N	N	N	N	N
	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Children	39	65	35	22	4	4	104
<i>S. pneumoniae</i>	25	13	10	2	1	0	38
	(64)	(20)	(29)	(9)	(25)	(0)	(37)
<i>H. influenzae</i>	23	29	15	11	1	2	52 ¹
	(59)	(45)	(43)	(50)	(25)	(50)	(50)
<i>M. catarrhalis</i>	17	16	8	6	0	2	33
	(44)	(25)	(23)	(27)	(0)	(50)	(32)
Any pathogen	32	37	20	12	2	3	69
(of the 3)	(82)	(57)	(57)	(55)	(50)	(75)	(66)
All three pathogens	11	5	4	1	0	0	16
	(28)	(8)	(11)	(5)	(0)	(0)	(15)

2

3 ¹ Two children carried typeable (non-Hib) strains only.

4

1 **Table 2: Lower airway infection (>10⁴ colony-forming units/mL of bronchoalveolar**
 2 **lavage fluid) by antibiotic use**

Antibiotics	None	Any	Macrolide	Beta-lactam	Both	Other	Total
	N	N	N	N	N	N	N
	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Children	39	65	35	22	4	4	104
<i>S. pneumoniae</i>	6	11	8	2	1	0	17
	(15)	(17)	(23)	(9)	(25)	(0)	(16)
<i>H. influenzae</i>	13	19	9	7	1	2	32 ¹
	(33)	(29)	(26)	(32)	(25)	(50)	(31)
<i>M. catarrhalis</i>	5	7	1	4	0	2	12
	(13)	(11)	(3)	(18)	(0)	(50)	(12)
Any pathogen	15	27	16	8	1	2	42
(of the 3)	(38)	(42)	(46)	(36)	(25)	(50)	(40)
All three	3	1	0	1	0	0	4
pathogens	(8)	(2)	(0)	(5)	(0)	(0)	(4)

3

4 ¹ All 32 children had nontypeable *Haemophilus influenzae* isolated from their lower airways.

5

1 **Table 3: Odds Ratio (OR) of antibiotic use for nasopharyngeal carriage and lower**
 2 **airway infection (>10⁴ colony-forming units/mL of bronchoalveolar lavage**
 3 **fluid)**

Pathogen	Nasopharyngeal carriage		Lower airway infection	
	Macrolides ¹	Beta-lactams ²	Macrolides ¹	Beta-lactams ²
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
<i>S. pneumoniae</i>	0.22 (0.08, 0.63) P<0.01	0.07 (0.01, 0.32) P<0.01	1.65 (0.46, 6.31) P=0.57	0.72 (0.11, 3.80) P=0.73
<i>H. influenzae</i>	0.48 (0.18, 1.31) P=0.17	0.60 (0.19, 1.82) P=0.32	0.69 (0.23, 2.05) P=0.62	0.89 (0.26, 2.90) P=1.00
<i>M. catarrhalis</i>	0.33 (0.11, 1.01) P=0.05	0.39 (0.11, 1.31) P=0.12	0.18 (0.00, 1.75) P=0.20	1.24 (0.22, 6.44) P=1.00
Any pathogen (of the 3)	0.28 (0.09, 0.88) P<0.05	0.26 (0.07, 0.90) P<0.05	1.24 (0.46, 3.37) P=0.82	0.85 (0.26, 2.67) P=0.80

4 ¹ 39 children who received macrolides versus 39 who received no antibiotics (N=78).

5 ² 26 children who received beta-lactams versus 39 who received no antibiotics (N=65).

6

7

1 **Table 4: Resistance in nasopharyngeal carriage by antibiotic use**

Antibiotics	None	Any	Macrolide	Beta-lactam	Both	Other	Total
	N	N	N	N	N	N	N
Children	39	65	35	22	4	4	104
<i>S. pneumoniae</i>							
Susceptible	14	2	2	0	0	0	16
PenNS	11	11	8	2	1	0	22
or AziR							
PenNS only	8	1	0	1	0	0	9
AziR only	3	8	6	1	1	0	11
PenNS+AziR	0	2	2	0	0	0	2
Nontypeable <i>H. influenzae</i>							
AziIR only	19	18	9	8	0	1	37 ¹
BLpos	2	9	5	3	0	1	11
or AziR							
BLpos only	1	7	3	3	0	1	8
AmpR	2	5	2	2	0	1	7
AziR only	0	2	2	0	0	0	2
BLpos+AziR	1	0	0	0	0	0	1
<i>M. catarrhalis</i>							
BLneg	2	1	1	0	0	0	3
BLpos	15	15	7	6	0	2	30

2 ¹ None susceptible by European Committee on Antimicrobial Susceptibility Testing

3 (EUCAST) criteria; MIC results not obtained for two nasopharyngeal swabs.

1 Abbreviations: PenNS, oral penicillin non-susceptible (MIC > 0.12 mg/L); AziR,
2 azithromycin resistant (MIC >4 mg/L); AziIR, azithromycin intermediate resistant (MIC
3 >0.125 and ≤4 mg/L); AmpR, ampicillin-resistant (MIC ≥ 4 mg/L); BLneg, beta-lactamase
4 negative; BLpos, beta-lactamase positive; MIC, minimum inhibitory concentration.

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1 **Table 5: Resistance in lower airway infection (>10⁴ colony-forming units/mL of**
 2 **bronchoalveolar lavage fluid) by antibiotic use**

Antibiotics	None	Any	Macrolide	Beta-lactam	Both	Other	Total
	N	N	N	N	N	N	N
Children	39	65	35	22	4	4	104
<i>S. pneumoniae</i>							
Susceptible	2	1	1	0	0	0	3
PenNS	4	10	7	2	1	0	14
or AziR							
PenNS only	3	1	0	1	0	0	4
AziR only	0	8	6	1	1	0	8
PenNS+AziR	1	1	1	0	0	0	2
<i>Nontypeable H. influenzae</i>							
AziIR only	8	8	5	3	0	0	16 ¹
BLpos	5	9	3	4	1	1	14
or AziR							
BLpos only	3	7	1	4	1	1	10
AmpR	3	6	0	4	1	1	9
AziR only	2	2	2	0	0	0	4
BLpos+AziR	0	0	0	0	0	0	0
<i>M. catarrhalis</i>							
BLneg	0	0	0	0	0	0	0
BLpos	5	7	1	4	0	2	12

1 ¹ None susceptible by EUCAST criteria; MIC results not obtained for two BAL specimens.

2 Abbreviations: see Table 4.

3

1 **Table 6: Serotypes isolated from 17 paired nasopharyngeal swab and bronchoalveolar**
2 **lavage fluid cultures associated with *Streptococcus pneumoniae* lower airway infection**
3 **in Indigenous Australian children with bronchiectasis**

Pair #	Antibiotics received in 2 weeks prior to bronchoscopy	Serotypes in NP swab	Serotypes in BAL fluid (>10 ⁴ CFU/mL)
1	Azithromycin	21 (sens)	21 (sens), 10A (sens)
2	Azithromycin		31 (AziR)
5	Azithromycin		7F (AziR)
9	Azithromycin		9N (AziR)
10	Azithromycin	22F (AziR)	22F (AziR)
14	Azithromycin	11A (AziR+PenNS)	11A (AziR+PenNS)
15	Azithromycin		22F (AziR)
16	Azithromycin	17F (AziR)	17F (AziR)
4	Azithromycin, amoxicillin	6A (AziR)	6A (AziR)
11	Amoxicillin	23F (AziR)	23F (AziR)
13	Cefotaxime, benzylpenicillin		6C (PenNS), 19F (PenNS)
3	None	6C (AziR)	6C (AziR), 19F (PenNS)
6	None	16F (PenNS)	16F (PenNS)
7	None	16F (PenNS)	16F (PenNS)
8	None	9N (sens)	9N (sens)
12	None	19A (PenNS)	19A (PenNS)
17	None	15A (sens)	15A (sens)

4 Abbreviations: BAL, bronchoalveolar lavage fluid; CFU, colony forming units; NP,
5 nasopharyngeal; AziR, azithromycin resistant (MIC >4 mg/L); PenNS, oral penicillin non-
6 susceptible (MIC >0.12 mg/L); sens, susceptible to penicillin and azithromycin.

7

1 **Table 7: Odds Ratio (OR) of antibiotic use for antimicrobial resistance**

Pathogen	Nasopharyngeal carriage		Lower airway infection	
	Macrolides ¹	Beta-lactams ²	Macrolides ¹	Beta-lactams ²
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
Spn AziR	4.58	0.51	8.13	0.73
	(1.14, 21.7)	(0.05, 2.60)	(1.47, 81.3)	(0.07, 4.03)
	P<0.05	P=0.51	P<0.01	P=1.00
Spn PenNS	0.34	0.27	0.32	0.58
	(0.03, 1.77)	(0.01, 2.11)	(0.01, 3.01)	(0.01, 5.62)
	P=0.20	P=0.28	P=0.41	P=1.00
NTHi AmpR ³	0.65	1.22	0.19	4.40
	(0.06, 4.23)	(0.11, 8.03)	(0.00, 1.51)	(0.85, 23.9)
	P=0.71	P=1.00	P=0.15	P<0.05
NTHi AziR	3.66	0.00	1.72	0.00
	(0.18, 219)	(0.00, 3.98)	(0.12, 24.6)	(0.00, 2.79)
	P=0.30	P=1.00	P=0.63	P=0.57
NTHi AziIR	0.47	0.99	0.53	1.43
	(0.18, 1.16)	(0.36, 2.70)	(0.17, 1.54)	(0.48, 4.20)
	P=0.10	P=1.00	P=0.25	P=0.60
Mc BLpos	0.40	0.68	0.13	1.59
	(0.13, 1.12)	(0.20, 2.04)	(0.00, 0.97)	(0.32, 6.64)
	P=0.07	P=0.62	P<0.05	P=0.49

2 ¹ 39 children who received macrolides versus 65 who received no macrolides (N=104)

3 ² 26 children who received beta-lactams versus 78 who received no beta-lactams (N=104)

4 ³ Similar results were obtained for BLpos NTHi (not shown).

5

1 Abbreviations: Spn, *Streptococcus pneumoniae*; AziR, azithromycin resistant (MIC >4
2 mg/L); PenNS, oral penicillin non-susceptible (MIC >0.12 mg/L); NTHi, nontypeable
3 *Haemophilus influenzae*; AziIR, azithromycin intermediate resistant (MIC >0.125 and ≤4
4 mg/L); AmpR, ampicillin-resistant (MIC ≥4 mg/L); Mc, *Moraxella catarrhalis*; BLneg, beta-
5 lactamase negative; BLpos, beta-lactamase positive; MIC, minimum inhibitory concentration.
6