Exploring the Benefits of Molecular Testing for Gonorrhoea Antibiotic Resistance Surveillance in Remote Settings

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Abstract

Background

Surveillance for gonorrhoea antimicrobial resistance (AMR) is compromised by a move away from culture-based testing in favour of more convenient nucleic acid amplification test (NAAT) tests. We assessed the potential benefit of a molecular resistance test in terms of the timeliness of detection of gonorrhoea AMR.

Methods and Findings

An individual-based mathematical model was developed to describe the transmission of gonorrhoea in a remote Indigenous population in Australia. We estimated the impact of the molecular test on the time delay between first importation and the first confirmation that the prevalence of gonorrhoea AMR (resistance proportion) has breached the WHO-recommended 5% threshold (when a change in antibiotic should occur). In the remote setting evaluated in this study, the model predicts that when culture is the only available means of testing for AMR, the breach will only be detected when the actual prevalence of AMR in the population has already reached 8–18%, with an associated delay of ~43–69 months between first importation and detection. With the addition of a molecular resistance test, the number of samples for which AMR can be determined increases facilitating earlier detection at a lower resistance proportion. For the best case scenario, where AMR can be determined for all diagnostic samples, the alert would be triggered at least 8 months earlier than using...
culture alone and the resistance proportion will have only slightly exceeded the 5% notification threshold.

Conclusions

Molecular tests have the potential to provide more timely warning of the emergence of gonorrhoea AMR. This in turn will facilitate earlier treatment switching and more targeted treatment, which has the potential to reduce the population impact of gonorrhoea AMR.

Introduction

The gonorrhoea rate is disproportionately high in some Indigenous populations in remote Australia compared with urban areas, with rates reported to be up to 35 times higher [1, 2]. Prevalence of 7–8% has been reported for 16–34 years old and even higher for 16–19 year olds at more than 10% [3]. Currently, most gonorrhoea infections diagnosed in remote Indigenous communities are sensitive to and treated with penicillin, whereas the predominant gonorrhoea strains circulating in urban Australia and neighbouring countries are resistant to penicillin [4]. It is therefore likely that penicillin-resistant gonorrhoea will eventually be introduced and take hold within remote communities and will compromise the effectiveness of existing control strategies.

Strengthening surveillance for antimicrobial resistance (AMR) in settings where gonorrhoea prevalence is high is a key strategy of the World Health Organisation (WHO) [5] and this is necessarily a bacterial culture-based activity. However 50–90% of the gonorrhoea infections from remote regions are diagnosed using nucleic acid amplification tests (NAAT) [6–9] primarily because of distance and transport considerations as well as the convenience and sensitivity of NAAT-based diagnosis. With the increasing trend toward use of NAAT for diagnosis, the number of samples available for culture is expected to reduce even further, possibly to a level that will not be adequate or sufficiently representative for AMR surveillance [10].

Molecular tests specifically designed to identify genetic mutations that confer resistance have the potential to enhance AMR surveillance by improving coverage and representativeness [11]. For example, a molecular test to detect penicillinase-producing Neisseria gonorrhoeae (PPNG) has been recently described [12] and is now in use to enhance the surveillance of penicillin resistance in remote Western Australia where a penicillin-based treatment strategy is in use. Data from the PPNG NAAT-based surveillance is used to inform clinical guidelines for this region [9]. The widespread use of such tests on diagnostic samples could enhance AMR surveillance and enable a more timely response to the emergence of treatment-resistant gonorrhoea. The WHO guidelines for STI management state that a treatment should have a 95% cure rate to be considered effective. [5]. By implication, when the treatment failure rate exceeds 5% with the current treatment, there should be a switch to a new effective treatment. We refer to this henceforth as the 5% threshold.

In this study we describe results from a mathematical model of genital gonorrhoea transmission in a remote community setting that we developed to assess the potential impact of a molecular test on the timeliness of detection of gonorrhoea AMR.

Methods

An individual-based mathematical model was developed to describe the transmission of gonorrhoea in a remote Indigenous population in Australia. The model is an extension of a
previously published model that we used to evaluate the importance of population mobility for gonorrhoea transmission in remote Indigenous communities of Australia [13]. While the model is parameterised using demographic, sexual behaviour and mobility data for this setting, our approach can be applied to other settings.

The modelled population represents sexually active individuals aged 15–35 years residing in one larger centre (comprising 4000 individuals) and four small communities (comprising 250 individuals each) that are “satellites” of the larger centre from a population mobility perspective [13]. Gender- and age-specific mortality rates were adjusted to maintain the gender-age distribution as described in census data [14]. The model tracks age, gender, location, gonorrhoea infection status and sexual behaviour on a daily basis, while population mobility is captured based on census data using modelling techniques as previously described [13]. Table 1 lists the demographic and behavioural parameters used in the model. A more detailed description of the model is provided in the S1 Technical Appendix.

We assume that initially all gonorrhoea infections in the population are sensitive to treatment but that treatment failure may occur, on rare occasions, for reasons not related to AMR (e.g. adherence failure). Treatment-resistant gonorrhoea is then introduced into the population through periodic importation. We use the model to estimate the impact of the molecular test on the time delay between first importation and the first confirmation that the prevalence of gonorrhoea AMR has breached the 5% threshold. For simplicity, we consider a single generic treatment-sensitive strain and single treatment-resistant strain, for each of which a generic effective treatment exists. We do not consider specific gonorrhoea strains or antibiotics.

We assume that some asymptomatic individuals infected with gonorrhoea in remote Indigenous populations will be tested and treated through general health check-ups and screening, while a proportion of those with symptoms will actively seek treatment. Of those testing positive to gonorrhoea, 85% will receive treatment within 21 days [15] but some will remain infected post-treatment due to treatment failure as a result of AMR or other factors such as non-adherence. We assume that 44% of the population will be tested for STI annually through general health check-ups and screening [15], using a diagnostic test of 100% sensitivity [16].

In contrast to urban Australia, it is thought that a substantial proportion of symptomatically infected individuals in remote Indigenous communities do not seek treatment for a combination of reasons including lack of knowledge about sexually transmissible infections (STIs) and the availability of treatment, anxiety and stigma associated with STIs, and accessibility to appropriate health services. [17, 18]. While evidence for this is anecdotal we assume that only 40% of individuals with symptoms seek and receive treatment, a proportion arrived at through calibration to notification data. Combined with treatment through general check-ups and screening, this rate of symptomatic treatment results in ~2700 treatments per 100 000 population per year, corresponding roughly to the reported gonorrhoea notification rate among 16–30 year-old residents of remote Indigenous communities [1].

Properties of treatment sensitive and treatment-resistant gonorrhoea

We assume that an endemic prevalence of treatment-sensitive gonorrhoea is already established before the importation of treatment-resistant gonorrhoea. Prior to the first importation, the model is calibrated to yield a constant gonorrhoea prevalence of 7–8% [3].

To date, the identification of treatment-resistant gonorrhoea has been a rare occurrence in remote Australia [4]. In this study, therefore, our assumptions regarding the natural history of treatment-resistant gonorrhoea and responses from health care service providers are necessarily hypothetical. Furthermore, there is no substantive evidence suggesting that the natural history of treatment-resistant strains is different from that of treatment-sensitive strains. We
Table 1. Demographic and behavioural parameters.

<table>
<thead>
<tr>
<th>Behaviour parameters</th>
<th>Value</th>
<th>Reference</th>
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<tbody>
<tr>
<td>Age distribution</td>
<td></td>
<td>[14]</td>
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<tr>
<td>Age distribution</td>
<td></td>
<td></td>
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<tr>
<td>15–20</td>
<td>33%</td>
<td></td>
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<tr>
<td>20–25</td>
<td>27%</td>
<td></td>
</tr>
<tr>
<td>25–30</td>
<td>22%</td>
<td></td>
</tr>
<tr>
<td>30–35</td>
<td>18%</td>
<td></td>
</tr>
<tr>
<td>Number of residents in each location</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Regional centre</td>
<td>4000</td>
<td>Assumption, based on the size of the regions listed in [30]</td>
</tr>
<tr>
<td>Remote satellite communities</td>
<td>250</td>
<td>Assumption, based on the size of the regions listed in [30]</td>
</tr>
<tr>
<td>Proportion of population away from home at any time</td>
<td></td>
<td>[31]</td>
</tr>
<tr>
<td>Age distribution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15–20</td>
<td>10.0%</td>
<td></td>
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<tr>
<td>20–25</td>
<td>9.4%</td>
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<tr>
<td>25–30</td>
<td>9.5%</td>
<td></td>
</tr>
<tr>
<td>30–35</td>
<td>9.2%</td>
<td></td>
</tr>
<tr>
<td>Time spent away from home upon each episode of travel</td>
<td>2–14 days</td>
<td>[13]</td>
</tr>
<tr>
<td>Probability of seeking additional partners while away from home</td>
<td>5% of population</td>
<td>[13]</td>
</tr>
<tr>
<td>Proportion of population that have at least one regular partner in past 6 months</td>
<td>54.8% (a)</td>
<td>[32], adjusted to exclude individuals with no partnerships</td>
</tr>
<tr>
<td>Proportion of modelled population that has at least one casual partner in past 6 months (a)</td>
<td>72.4%</td>
<td>[32], adjusted to exclude individuals with no partnerships</td>
</tr>
<tr>
<td>Proportion of population with more than 1 casual partner in 6 months</td>
<td>40.0% of (a)</td>
<td>[32]</td>
</tr>
<tr>
<td>Proportion of population having a casual and regular partner concurrently</td>
<td>27.6% of (a)</td>
<td>[32]</td>
</tr>
<tr>
<td>Duration of regular partnerships</td>
<td>2 years</td>
<td>[32]</td>
</tr>
<tr>
<td>Frequency of sexual acts within partnerships</td>
<td>3 per week</td>
<td>Assumption based on data for general Australian population [33]</td>
</tr>
<tr>
<td>Average number of sexual partners for individuals aged &lt;30</td>
<td>5</td>
<td>[32]</td>
</tr>
<tr>
<td>Condom usage (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Regular</td>
<td>20.6</td>
<td>[32]</td>
</tr>
<tr>
<td>Casual</td>
<td>39.2</td>
<td>[32]</td>
</tr>
<tr>
<td>Screening coverage</td>
<td>44% population screened per year</td>
<td>[15]</td>
</tr>
<tr>
<td>Treatment rate for symptomatically infected individuals who seek treatment</td>
<td>85% treated within 21 days</td>
<td>[15]</td>
</tr>
<tr>
<td>Proportion of index cases whose partners are notified and treated</td>
<td>24% per index case</td>
<td>[15]</td>
</tr>
</tbody>
</table>
therefore assume that treatment-sensitive and treatment-resistant gonorrhoea strains differ only in their respective treatment failure rates. We assume a failure rate of 100% for treatment-resistant infections. For treatment-sensitive infections, we assume there is a failure rate of 5% for reasons not related to AMR. We make this assumption as a worst-case scenario because reliable data on treatment failure in the remote Indigenous setting are not available but a 95% effective treatment would be considered effective under WHO guidelines [5]. Values assigned to gonorrhoea natural history parameters used in the model apply to both treatment-sensitive and treatment-resistant gonorrhoea and are listed in Table 2.

In any population in which treatment-sensitive and treatment-resistant strains are circulating, there is a finite probability (the value of which will depend on the prevalence of each strain) that an individual infected with treatment-sensitive gonorrhoea will engage in sexual contact with an individual infected with treatment-resistant gonorrhoea. In our model we assume that in this circumstance, transmission can occur such that one or both individuals can become co-infected with both strains [19]. While hypothetical, it is also plausible that the presence of treatment-sensitive gonorrhoea within an individual can affect the transmissibility and/or susceptibility of treatment-resistant gonorrhoea and vice-versa. To accommodate the range of possibilities, we assume that every individual can be infected with treatment-sensitive and treatment-resistant infection concurrently, and the interactions between infections are represented in the model through adjustments to transmission probabilities. This is achieved through the parameters $\alpha_s, \varpi_s, \phi_s$, which are scalar multipliers applied to the transmission probability of treatment-sensitive gonorrhoea should one or both individuals in a sexual partnership already be infected with treatment-resistant gonorrhoea. Likewise, the parameters $\alpha_r, \varpi_r, \phi_r$ are the scalar multipliers applied to the transmission probability of treatment-resistant gonorrhoea should one or both partners already be infected with treatment-sensitive gonorrhoea. Fig 1 illustrates this concept and the mechanism by which transmission occurs in the model.

With the appropriate choice of values for the parameters $\alpha_s, \varpi_s, \phi_s, \alpha_r, \varpi_r, \phi_r$, the following scenarios are possible when sexual contact occurs between an individual infected with a treatment-resistant gonorrhoea strain and an individual infected with a treatment-sensitive strain:

1. An individual can be co-infected with both strains but there will be no interaction between them, i.e., they will be transmitted independently ($\alpha_s, \varpi_s, \phi_s$ and $\alpha_r, \varpi_r, \phi_r$ all equal to one)
11. Co-infection is not possible:

a. An individual infected with treatment-sensitive gonorrhoea is immune to infection with treatment-resistant gonorrhoea ($\alpha_r, \varpi_r, \phi_r$ all equal to zero)
b. An individual infected with treatment-resistant gonorrhoea is immune to infection with treatment-sensitive gonorrhoea ($\alpha_s, \varpi_s, \phi_s$ all equal to zero)

<table>
<thead>
<tr>
<th>Infection parameters</th>
<th>Value</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Probability of infection being recognised as symptomatic</td>
<td>Male 0.45, Female 0.14</td>
<td>[34]</td>
</tr>
<tr>
<td>Average duration of latent period</td>
<td>4 days</td>
<td>Assumption</td>
</tr>
<tr>
<td>Average duration of infectious period</td>
<td>185 days</td>
<td>[35–37]</td>
</tr>
<tr>
<td>Average duration of immunity following resolution of infection</td>
<td>7 days</td>
<td>Assumption</td>
</tr>
<tr>
<td>Transmission probability per unprotected sex act</td>
<td>Male to female 0.50, Female to male 0.22</td>
<td>[38–40]</td>
</tr>
</tbody>
</table>

Table 2. Infection parameters for treatment-sensitive and treatment-resistant gonorrhoea.
111. Co-infection is possible but treatment-sensitive gonorrhoea will be converted into treatment-resistant gonorrhoea such that the co-infected individual can only transmit treatment-resistant gonorrhoea ($\alpha_s, \varpi_s, \phi_s$ all equal to zero and $\alpha_r, \varpi_r, \phi_r$ all equal to one)

1IV. Co-infection is possible but treatment-resistant gonorrhoea will be converted into treatment-sensitive gonorrhoea such that the co-infected individual can only transmit treatment-sensitive gonorrhoea ($\alpha_s, \varpi_s, \phi_s$ all equal to one, and $\alpha_r, \varpi_r, \phi_r$ all equal to zero)

Note that the product of each parameter and the transmission probability (e.g. $\alpha_s \beta$) must be less than or equal to one

Fig 1. Transmission mechanism for treatment-sensitive and treatment-resistant gonorrhoea as implemented in the model. $X_s, X_r$ denote the infection status of person X: $X_s = S$ if X is susceptible to treatment-sensitive gonorrhoea; $X_s = I$ if X is infected with treatment-sensitive gonorrhoea. Similarly, $X_r = S$ or $X_r = I$ if X is susceptible or infected with treatment-resistant gonorrhoea, respectively. The diagram represents transmission from person X to person Y through unprotected sex act (transmission from Y to X is omitted in this diagram). The parameter $\beta$ is the transmission probability per unprotected sex act. The parameters $A_s$ and $A_r$ are scalar adjustment to the transmission probability for treatment-sensitive and treatment-resistant gonorrhoea, respectively, and their value will be based on the infection status of person X and person Y as defined in the figure. $A_s$ and $A_r$ are equal to zero for all combinations not listed.

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In the above scenarios, the values for $\alpha_s, \omega_s, \phi_s$ are all either zero or one and similarly for $\alpha_r, \omega_r, \phi_r$. Alternatively the values for these parameters can be varied individually and can take values other than zero or one leading to the following additional scenarios:

V. Infection with treatment-sensitive gonorrhoea enhances ($\alpha_r > 1, 0 \leq \alpha_r \beta \leq 1$) or reduces ($\alpha_r < 1, 0 \leq \alpha_r \beta \leq 1$) susceptibility to, or provides immunity against ($\alpha_r = 0$) infection with treatment-resistant gonorrhoea, or vice versa (with $\alpha_s$ in place of $\alpha_r$).

VI. Infection with treatment-sensitive gonorrhoea enhances ($\omega_r > 1, 0 \leq \omega_r \beta \leq 1$), reduces ($\omega_r < 1, 0 \leq \omega_r \beta \leq 1$) or prevents ($\omega_r = 0$) the transmission of treatment-resistant gonorrhoea, or vice versa (with $\omega_s$ in place of $\omega_r$).

VII. A combination of scenarios V and VI above, governed by parameters $\phi_s$ and $\phi_r$ for treatment-resistant and treatment-sensitive strains, respectively.

### Diagnosis and importation treatment-resistant gonorrhoea

We assume that gonorrhoea diagnostic tests have sensitivity of 100% based on the fact that diagnosis in remote settings is predominantly by NAAT [10]. All individuals with a positive diagnosis receive the same standard treatment (i.e. with 5% treatment failure rate for treatment-sensitive gonorrhoea and 100% treatment failure rate for treatment-resistant gonorrhoea) when AMR status is unknown. An alternative effective treatment is administered for infection identified as treatment-resistant, with the failure rate reduced from 100% to the baseline failure rate of 5%.

We also assume that a percentage of samples provided for diagnosis will be suitable for culture-based AMR testing. We investigate three levels: 1) 17% as reported for Western Australia [9]; 2) 22% as reported for the Northern Territory [6]; and 3) 30% of samples from males and 50% of samples from females as reported for Far North Queensland [8]. We assume that the molecular test is able to determine AMR status for all diagnostic samples (whether suitable for culture or not).

At the present time, treatment-resistant gonorrhoea is rarely encountered in remote communities in Australia [20]. Therefore, the emergence of resistance, as implemented in this model, is necessarily hypothetical. We assume treatment-resistant gonorrhoea is introduced into the modelled population periodically in the same way that repeated importation from overseas rather than de novo emergence (through genetic mutation/adaptation) is thought to be the main source of AMR in Australia generally [21]. In order to capture a realistic rise in the prevalence of the hypothetical treatment-resistant gonorrhoea strain, the model is fitted to data on the rise in prevalence of ciprofloxacin resistance in Australia between 2002 and 2008 [22] as this has been well documented. This is achieved through the resistance proportion, which we define as the percentage of infection in the population that is attributable to treatment-resistant gonorrhoea. Calibration is performed by adjusting the six transmission probability adjustment parameters described previously and in Fig 1, using the Nelder-Mead simplex optimisation algorithm [23], such that the sum of the differences between the resistance proportion in the model and the observed data at each time point is minimised.

### Determining the impact of molecular test on AMR surveillance

We assume that gonorrhoea AMR can be determined from gonorrhoea-positive diagnostic samples, either by culture, if the sample is suitable, or by molecular test if not. AMR surveillance is implemented in the model using a simple monitoring scheme whereby an "alert" is
triggered when more than 10 of the last 200 (5%) positive diagnoses (for which AMR is determined) are resistant to treatment. The benefit of molecular resistance testing on the timeliness of the alert is assessed using three measures: 1) the resistance proportion when the alert is triggered; 2) the delay between first importation of treatment-resistant gonorrhoea into the population and the triggering of the alert; and 3) the delay between the time when the resistance proportion breaches the 5% threshold and the triggering of the alert.

Results
Each result consists of the compilation of 1000 simulation runs. Here we divide the findings from the model into 2 sections: 1) the result of model calibration, and 2) the potential impact of molecular test surveillance for gonorrhoea AMR on the timeliness of detection and response.

Calibration
Assuming that on average a single treatment-resistant gonorrhoea infection is imported into the population per year, the modelled resistance proportion increases at a rate similar to the emergence of ciprofloxacin resistance in Australia between 2002 and 2008 if the transmission of treatment-sensitive and treatment-resistant gonorrhoea are independent of each other (with $\varpi_s$ and $\varpi_r$ close to 1), and if the susceptibility to treatment-resistant gonorrhoea is lower when the susceptible individual is already infected with treatment-sensitive gonorrhoea and vice versa ($\alpha_s$ and $\phi_s$ are close to 0.08, and $\alpha_r$ and $\phi_r$ are close to 0.15). Table 3 summarises the parameter values obtained from calibration and Fig 2 shows the correspondence between the modelled resistance proportion and ciprofloxacin resistance in Australia between 2002 and 2008.

Impact of molecular test on AMR surveillance
The resistance proportion at the time the 5% alert is triggered, the delay between first importation and the time of the alert, and the delay between the resistance proportion reaching 5% and the time of the alert are given in Table 4. We compare scenarios where culture alone is available for AMR testing and where both culture and a molecular test are available. When culture alone is available for resistance testing, (upper panel of Table 4), the resistance proportion will already have reached between ~8% and ~18% by the time the alert is triggered, with a delay of ~43–69 months between first importation and the alert being triggered, depending on the percentage of diagnostic samples available for culture. At the highest rate investigated in this study (30% and 50% of diagnostic samples from males and females, respectively suitable for culture-based AMR testing), there is still a 12-month gap between the time the resistance proportion exceeds the 5% threshold and the triggering of the alert.

The use of molecular testing increases the number of samples for which AMR can be determined and allows the alert to be triggered earlier and at a lower resistance proportion (lower panel of Table 4). For the best-case scenario, where AMR can be determined for all samples,
the alert will be triggered at least 8 months earlier than using culture alone and the resistance proportion will have only slightly exceeded the 5% notification threshold. Under this scenario, an alert will be triggered within 3–6 months of the resistance proportion exceeding the 5% threshold, although the negative values in some results suggested that in sometimes the alert is triggered before the threshold is reached under our simplified trigger criterion (10 of the last 200 samples are identified as treatment resistant).

**Discussion**

To our knowledge this is the first study to use mathematical modelling to evaluate the potential benefit of a molecular test for gonorrhoea AMR surveillance. We have based the modelled population on remote Australian Indigenous communities because in this setting NAAT is replacing culture for diagnosis and AMR surveillance is thereby being undermined by limited availability of samples for conventional AMR testing. We have implemented a simple monitoring scheme in our model whereby an alert is triggered when 10 of the last 200 samples are identified as treatment resistant. Our findings indicate that if a molecular test for AMR is available, this alert is triggered at least 8 months earlier than when AMR surveillance relies on culture alone. Furthermore, the actual prevalence of treatment-resistant gonorrhoea in the population at the time the alert is triggered is up to 12% lower when a molecular test is available than when culture is the only means of testing for AMR.

Our simple monitoring scheme counts AMR-positive samples from last 200 AMR-identifiable samples used for gonorrhoea diagnosis to determine the timing of the alert. Since the
availability of a molecular test will increase the number of samples available for AMR surveillance, those 200 samples will likely be obtained over a shorter period of time. While this reduces the delay in the triggering of the alert, in some cases it the alert may be triggered prematurely (e.g., due to a transient sharp increase in resistance proportion in a small isolated sexual network). In practise, the AMR monitoring scheme is likely to be more complex and will necessarily involve checks and balances designed to minimise premature triggering. Our results highlight the need for these checks and balances to be put in place.

A number of studies employing a range of model structures have investigated the dynamics of emergence and spread of AMR [24], some of which specifically focused on gonorrhoea [25, 26]. However these studies generally assumed de novo development of resistance (e.g. as a result of selective pressure due to antibiotics), while the interactions between strains in co-infected individuals were often simplified or ignored. Such models are not suitable in the context of remote Indigenous communities of Australia as addressed in this study. This is because there is little opportunity for AMR to develop de novo in this population as evidenced by the fact that penicillin is still widely effective. While the prevalence of gonorrhoea in many remote communities is very high, the number of individuals infected is relatively small due to the small population size and unlikely to support the de novo development of antibiotic resistance. For this reason the focus of our study was on importation alone. The model could, however, be extended to also accommodate de novo development of resistance for other settings where this is more likely to occur.

The high prevalence of gonorrhoea infection in this population, however, means that co-infection is likely to occur if there are multiple circulating strains. The model developed for this study allows us to explore a range of scenarios where treatment-resistant gonorrhoea is introduced into the population and co-infection is allowed to occur.

### Table 4. Impact of molecular test on AMR surveillance over 1000 simulation runs.

<table>
<thead>
<tr>
<th></th>
<th>Culture only</th>
<th>Culture and molecular test</th>
</tr>
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<tbody>
<tr>
<td>Percentage of diagnoses where AMR can be detected</td>
<td>17%*</td>
<td>22%**</td>
</tr>
<tr>
<td>Median (IQR) resistance proportion at the time alert is triggered</td>
<td>17.8% (7.9%–31.3%)</td>
<td>12.5% (5.9%–23.1%)</td>
</tr>
<tr>
<td>Median (IQR) time between first importation of treatment-resistant gonorrhoea and time of alert (months)</td>
<td>68.8 (56.7–86.0)</td>
<td>58.9 (47.9–73.0)</td>
</tr>
<tr>
<td>Median (IQR) time between first instance of resistance proportion exceeding 5% and time of alert (months)</td>
<td>36.5 (19.8–49.2)</td>
<td>26.2 (9.1–39.0)</td>
</tr>
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</table>

IQR = interquartile range. The upper pane represents the situation where a molecular test is not available and AMR can only be detected from culture. The bottom panel represents the situation where AMR can be detected either by culture or molecular test.

*Based on the percentage of isolates available for culture in Western Australia [9]
**Based on the percentage of isolates available for culture in Northern Territory [6]
***Based on the percentage of isolates available for culture in Far North Queensland [8]

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While our results are derived for a remote Indigenous setting in Australia, and may be different for other settings (according to differences in importation rate, sexual behaviour, demographics and health service provision), we believe that the key finding that a molecular test for AMR surveillance will enable more timely detection is robust. The degree to which surveillance will be enhanced by the availability of a molecular test for AMR will be proportional to the extent to which NAAT-based diagnostic testing has replaced culture-based testing. For the setting examined here, we found that the true population resistance proportion at the triggering of the alert is close to the threshold level of 5% if the AMR of all available (gonorrhoea-positive) samples is known. This is an encouraging result as it means that in theory a switch to an alternative effective treatment can be initiated before the number of treatment failures escalates.

Gonorrhoea infections are usually anatomically localised (e.g., urethra, rectum, pharynx) and treatment efficacy may vary by site. For example, cases of ceftriaxone treatment failure for pharyngeal infections have been reported in Australia [27–29] but not for rectal or urethral infection. We have only considered genital infection in the current study as most infections in remote communities are through heterosexual contact [1]. The model can, however, be extended to accommodate transmission involving non-genital sites should the appropriate data become available. We also assume, as explained above, that the emergence of treatment-resistant gonorrhoea in remote Australia is likely to occur through importation rather than in a de novo fashion through selective pressure. While we consider this to be a reasonable assumption [21], the importation frequency required for emergence and persistence in remote communities is unknown. We have assumed an importation rate of one case per year into the modelled population on average for calibration as this generates a reasonable fit to the historical emergence of ciprofloxacin resistance in Australia. A more complete analysis would include the importation frequency as part of the calibration process. However, preliminary simulations have suggested that the importation frequency only affects the rate of emergence at an early stage when the resistance proportion is relatively low (i.e. <30%). An accurate calibration to importation frequency is not feasible for this model unless more data points are available for the period when the resistance proportion is low.

We assumed a treatment failure rate of 100% for treatment-resistant infections. While in the laboratory environment the treatment failure rate for a specific strain is likely to be less than 100%, the observed treatment failure rate in the population is often unknown at diagnosis (and often remains unknown after treatment due to factors such as non-compliance to treatment, loss to follow-up or reinfection). AMR is identified in the model through strain type rather than treatment failure rate, therefore a lower treatment failure rate will not influence the rate at which treatment-resistant infections are detected. A lower treatment failure rate would reduce the average duration of treatment-resistant infections in the population, but its effect would be compensated for by changes to other factors (e.g. higher transmissibility) through the calibration process.

Our model considers only two generic strains of gonorrhoea—a treatment-sensitive strain and a treatment-resistant strain. In reality a large number of gonococcal strains (each with different sensitivity to particular antibiotic treatment) could be circulating in the population. This model can be expanded to include multiple strains along with strain specific interactions, although the number of parameters required, and the uncertainty associated with each, would lead to much greater overall uncertainty in the predicted outcomes.

Although our results clearly demonstrate the potential benefit of molecular tests for gonorrhoea AMR, we note that such tests should not be considered as a replacement for culture which is required to identify strains of gonorrhoea containing genetic markers that are not recognised by the panel of available molecular tests. Rather, molecular tests for gonorrhoea AMR
should be considered as a tool to enhance surveillance in settings where obtaining and maintaining culture is difficult.

In this study, we developed a model to investigate the potential impact of a molecular test on the efficiency of AMR surveillance in remote Indigenous communities with high endemic gonorrhoea prevalence and where the availability of culture is declining. As treatment-resistant gonorrhoea is uncommon in these communities, many aspects of this study are necessarily hypothetical. However, our results indicate that AMR surveillance would be enhanced by the use of a molecular resistance test at diagnosis by enabling more timely detection of resistance and more targeted treatment. Additional AMR surveillance data gained from the use of a molecular test would also enhance our understanding of the dynamics of emergence and spread of treatment-resistant gonorrhoea, facilitate additional refinement of this and other models of AMR, and inform the design of preparedness and prevention strategies for this imminent threat.

Supporting Information
S1 Technical Appendix. Technical Appendix. (DOCX)

Author Contributions
Conceived and designed the experiments: BBH DMW DGR. Performed the experiments: BBH. Analyzed the data: BBH DMW DGR. Contributed reagents/materials/analysis tools: MML MGL DMW DGR. Wrote the paper: BBH NR J-YS JW MYC CKF RJG MML MGL DMW DGR.

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